# SYLLABI AND REGULATIONS P.B.B.Sc. NURSING

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#### **PHILOSOPHY**

Indian Nursing Council believes that, <u>Health</u> is a state of well-being that enables a person to lead a psychologically, socially and economically productive life.

Nursing contributes to the health services in vital and significant way in the health care delivery system. It organizes national health goals and is committed to participate in the implementation of National Health policies and programmes. It aims at identifying health needs of the people , planning and providing quality care in collaboration with other health professionals and community groups.

Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of Nursing is based upon application of basic concepts and principles derived from the physical, biological, behavioral sciences.

Undergraduate nursing program at the post basic level is a broad based education within an academic framework, which builds upon the skills and competencies acquired at the diploma level. It is specifically directed to the upgrading of critical thinking skills, competencies & standards required for practice of professional nursing and midwifery as envisaged in National Health Policy 2002.

The teachers have the responsibility to be role models and create learning environment that enables students to acquire inquiry driven, self directed learning and foster attitude of life long learning.

Under graduate nursing education program at the post basic level prepares its graduates to become exemplary citizen by adhering to code of ethics and professional conduct at all times in fulfilling personal, social and professional obligations so as to respond to national aspirations.

#### AIMS:

The aim of the undergraduate nursing program at the post basic level is to upgrade the diploma (GNM) nurses to:

assume responsibilities as professional, competent nurses and midwives at basic level in providing promotive, preventive, curative and rehabilitative services.

make independent decisions in nursing situations, protect the rights of and facilitate individuals and groups in pursuit of health, function in the hospital, community nursing services, and conduct research studies in the areas of nursing practice. They are also expected to assume the role of teacher, supervisor, manager in a clinical/public health setting.

#### **OBJECTIVES:**

On completion of B.Sc. Nursing (Post-Basic) degree programme the graduates will be able to:

- 1. Assess health status, identify nursing needs, plan, implement and evaluate nursing care for patients / clients that contribute to health of individuals, families and communities.
- 2. Demonstrate competency in techniques of nursing based on concepts and principles from selected areas of nursing, physical, biological and behavioral sciences.
- 3. Participate as members of health team in the promotive, preventive, curative and restorative health care delivery system of the country.
- 4. Demonstrate skills in communication and interpersonal relationship.
- 5. Demonstrate leadership qualities and decision-making abilities in various situations.
- 6. Demonstrate skills in teaching to individuals and groups in community health settings.
- 7. Demonstrate managerial skills in community health settings.
- 8. Practice ethical values in their personal and professional life.
- 9. Participate in research activities and utilize research findings in improving nursing practice.
- 10. Recognize the need for continued learning for their personal and professional development.

## **COURSE OF STUDY:**

Sr. No.	Subject	Theory Hours	Practical Hours	Total Hours
1 <sup>st</sup> Ye	ar			
1.	Nursing Foundation	45	030	075
2.	Nutrition & Dietetics	30	015	045
3.	Biochemistry & Biophysics	60	-	060
4.	Psychology	60	015	075
5.	Maternal Nursing	60	240	300
6.	Child Health Nursing	60	240	300
7.	Microbiology	60	030	090
8.	Medical & Surgical Nursing	90	270	270
9.	English (Qualifying)	60	-	060
Total		525	840	1215

Note: Hindi/local language as per the need of the institution.

# 2<sup>nd</sup> Year

	Total	345	855	1200
	Research & Statistics			
3.	Administration Introduction to Nursing	45	120	165
2.	Education Introduction to Nursing	60	180	240
1.	Introduction to Nursing	60	075	135
12.	Mental Health Nursing	60	240	300
11.	Community Health Nursing	60	240	300
10.	Sociology	60	-	060

## **SCHEME OF EXAMINATION:**

<del>1<sup>st</sup> Yea</del>r

Paper	Subject	Duration	Internal	External	Total
1	, and the second		Assessment	Assessment	Marks
	Theory				
1.	Nursing Foundation	2	15	35	050
2.	Nutrition & Dietetics	2	15	35	050
3.	Biochemistry &	3	25	75	100
	Biophysics				
4.	Psychology	3	25	75	100
5.	Microbiology	3	25	75	100
6.	Maternal Nursing	3	25	75	100
7.	Child Health Nursing	3	25	75	100
8.	Medical & Surgical	3	25	75	100
	Nursing				
9.	* English (Qualifying)		10	00	100
			College level q	ualifying exam,	
			minimum passi	ng Marks 33%.	
	Practicals				
1.	Medical & Surgical		50	50	100
	Nursing				
2.	Child Health Nursing		50	50	100
3.	Maternal Nursing		50	50	100

Note: \* College level qualifying exam to appear in University Examination, minimum passing Marks 33%

2<sup>nd</sup> Year

Paper	Subject	Duration	Internal Assessment	External Assessment	Total Marks
	Theory		11000001110110	11000001110110	1,1001110
10.	Socialogy	3	25	75	100
11.	Community Health Nursing	3	25	75	100
12.	Mental Health Nursing	3	25	75	100
13.	Introduction to Nursing Education	3	25	75	100
14.	Introduction to Nursing Service Administration	3	25	75	100
15.	** Introduction to Nursing	2	5	0	050
	Research Statistics		College level qualifying exam, minimum passing Marks 50%		
	Practicals				
4.	Community Health Nursing		50	50	100
5.	Mental Health Nursing		50	50	100
6.	** Introduction to Nursing Research Statistics		50 (Research Project) College level qualifying exam, minimum passing Marks 50%		050

Note: \*\* College level qualifying exam to appear in University Examination, minimum passing Marks 50%. (Not University Examination)

#### **N.B.:**

- 1. Teaching of Anatomy, Physiology, Pharmacology and Pathology will be integrated with clinical subjects.
- 2. A minimum of 80% attendance in theory and practical/clinicals in each clinical area is essential before award of degree.
- 3. 100 % attendance in practical / clinicals in each clinical area is essential before award of degree.
- 4. 50% of minimum marks in each theory and practical paper separately is required for passing.
- 5. Examination in the 'English' subject of 1<sup>st</sup> year P.B.B.Sc. Nursing course will be a college level Internal Assessment Qualifying Examination with minimum passing of 33% Marks. Student who fails or student who secures less than 33% Marks in the 'English' subject will not become eligible to appear in any subject of the University's final examination. Marks of 'English' subject are to be send to the University along with Internal Assessment Marks of other subjects for inclusion in the Mark Sheet.
- 6. Examination in the 'Introduction to Nursing Research and Statistics' subject of 2<sup>nd</sup> year P.B.B.Sc. Nursing course will be a college level Internal Assessment Qualifying Examination with minimum passing of 50% Marks. Student who fails or student who secure less than 50% Marks each i.e. independently in the Internal Assessment (Theory) Head and independently in the Internal Assessment (Practical) Head of the 'Introduction to Nursing Research and Statistics' subject will not become eligible to appear in any subject of the University's final examination. Marks of 'Introduction to Nursing Research and Statistics' subject are to be send to the University along with Internal Assessment Marks of other subjects for inclusion in the Mark Sheet.

# I<sup>ST</sup> YEAR POST BASIC B.Sc NURSING SYLLABUS

#### **NURSING FOUNDATION**

Placement: Ist Year Time Allotted: Theory : 45 Hrs

Practical: 30 Hrs

#### **COURSE DESCRIPTION:**

This course will help students to develop an understanding of the philosophy, objectives and responsibilities of nursing as a profession. The purpose of the course is to orient to the current concepts involved in the practice of nursing and developments in the nursing profession.

#### **OBJECTIVES**: At the end of the course, the students will

- 1. Identify professional aspects of nursing
- 2. Explain theories of nursing
- 3. Identify ethical aspects of nursing profession
- 4. Utilise steps of nursing process
- 5. Identify the role of the nurse in various levels of health services
- 6. Appreciate the significance or quality assurance in nursing.
- 7. Explain current trends in health and nursing

#### **COURSE CONTENTS:**

#### UNIT I DEVELOPMENT OF NURSING AS A PROFESSION 6 hrs

- Philosophy
- Objectives and responsibilities of a graduate nurse
- Trends influencing nursing practice
- Expanded role of the nurse
- Development of nursing education in India and trends in nursing education
- Professional organizations, career planning
- Code of ethics & professional conduct for nurses.

#### UNIT II CONCEPTS OF HEALTH & ILLNESS

12 hrs

- Concepts of health and illness, effects on the person
- Stress and adaptation
- Health care concepts and nursing care concept
- Developmental concepts, needs, roles and problems of the developmental stages of individual newborn, infant, toddler, pre-adolescent, adolescent, adulthood, middle-age, old age.

#### UNIT III THEORY OF NURSING PRACTICE

5 hrs

- Meta paradigm of nursing characterized by four central concepts i.e.
   Nurse, Person (client/patient). Health and Environment.
   Nursing Theory;
  - Florence Nightingale
  - Virginia Henderson
  - Betty Neumen
  - Dorothea Orem
  - Martha Rogers etc.

#### UNIT IV NURSING PROCESS

10 hrs

- Nursing Process
- Nursing diagnosis Definitions, concepts, statements, types, interpretation
- Planning: techniques for planning care, types of care plans.
- Implementation: different approaches to care, organisations and implementation of care, recording.
- Evaluation: tools for evaluation, process of evaluation.

#### UNIT V QUALITY ASSURANCE

6 hrs

- Quality assurance: nursing standards, nursing audit, total quality management
- Role of council and professional bodies in maintenance of standards.

#### UNIT VI APPROACHES TO HEALTH CARE

6 hrs

- Primary health care concepts:
- community oriented nursing
- holistic nursing
- primary nursing
- family oriented nursing concepts:
- Problem oriented nursing
- Progressive patient care
- Team nursing

#### **PRACTICUM:** Teaching Learning Activities -

30 Hrs.

#### Nursing process application.

- Select one patient and write nursing care plan.

20 Hrs.

- Select one client from OPD / Community / Peer Group and write nursing care plan.

10 Hrs.

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Nursing Foundation		Assessment	Assessment	Marks
1.	Theory	2	15	35	050

**Internal Assessment:** 15 Marks

(Out of 15 Marks to be send to the University)

Mid-Term: 25 Marks Prelim: 35 Marks Total: 60 Marks

(60 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

**External Assessment (Theory):** 35 Marks

(University Examination)

#### **REFERENCES:**

- 1. Kozier B, Erb, G & Oliver, R : Fundamentals of Nursing ;4<sup>th</sup> ed. California, Addison Wesley., 1991
- 2. Perry, A.G. & Potter, P.A.: Basic nursing essentials of practice; 5<sup>th</sup> ed. St. Louis, Mosby, 2003
- 3. Potter, P.A. & Perry, A.G.: Fundamentals of nursing; 5<sup>th</sup> ed. Mosby Harcott (India) Pvt. Ltd.
- 4. Beverly Witler Dugas: Introduction to patient care; 4<sup>th</sup> ed., Saunders, 2002
- 5. White, Lois: Foundations of nursing caring for the whole person; U.S.A. Delmer Thompson Learning,
- 6. Luckmann, J & Sorensen, K.C.: Basic nursing: a psychophysiologic approach;  $3^{\mathrm{rd}}$  ed., W. B. Saunders, 2002
- 7. Park, J.E.: Text book of preventive and social medicine; 17<sup>th</sup> ed., Banarasidas Bhanot, 2003

#### **NUTRITION & DIETETICS**

Placement: Ist Year Time Allotted Theory : 30 Hrs.
Practical: 15 Hrs.

#### **COURSE DESCRIPTION:**

This course is designed to provide the students with a wide knowledge of dietetics in Indian setting, that the practice of teaching optimum and realistic dietary planning can become an integral part of nursing practice.

**OBJECTIVES:** At the end of the course, the students will

- 1. Explain the principles and practices of nutrition and dietetics.
- 2. Plan therapeutic diets in different settings
- 3. Identify nutritional needs of different age groups and plan diet accordingly.
- 4. Prepare meals using different methods utilizing cookery rules.

#### **COURSE CONTENTS:**

#### UNIT I INTRODUCTION TO NUTRITION AND DIETETICS 8 Hrs

- Balanced diet, factors on which it depends.
- Factors to be considered in planning
- Guides available for planning
- Food Hygiene, preparation and preservation
- Review of nutrients micro & macro

#### UNIT II INFANT AND CHILD NUTRITION

8 Hrs

- Feeding of normal infants: factors to be considered in planning, nutritional requirements
- Supplementary feeding of infants: Advantage and method of introduction.
- Weaning effects on mother and child.
- Psychology of infant and child feeding.
- Feeding the sick child. Diet in diseases of infancy and childhood.
- Deficiency malnutrition, under nutrition, other nutrients deficiency.
- Feeding pre-school child: nutritional needs, factors to be considered in planning diets. Problems in feeding.

#### UNIT III INTRODUCTION TO DIET THERAPY 8 Hrs

- Introduction
- Routine hospital diets.
- Therapeutic diet under each unit i.e. Cardiovascular diseases, Gastrointestinal diseases, Renal disorders, Endocrine and metabolic disorders,
- Allergy, Infections and fevers,
- Pre and post operative stage,
- Deficiency diseases and malnutrition, overweight and underweight

6 Hrs

- Need for community nutrition programme.
- Nutritional needs for special groups: infant, child, adolescent,
- Pregnant and lactating mother and old people.
- Substitutes for non-vegetarian foods.
- Selection of cheap and nutritious foods. Nutrition education needs and methods.
- Methods of assessing nutritional status of individual / group / community.
- Current nutritional problems and national programmes (mid day meal etc.)

#### **PRACTICUM:**

- I Methods of cooking and cookery rules.
  - 1. Simple preparation of beverages, soups, cereals and pulses, eggs, vegetables, meat, multipurpose food snacks.
  - 2. Menu Plans.
- II Preparation of supplementary food for infants.
  - 1. Food for toddlers.
  - 2. Low cost nutritious dishes for vulnerable groups.
  - 3. Dietary case study of patient on special diet and planning of low cost dietary instructions for home adaptations.
  - 4. Planning of therapeutic diets.

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Nutrition & Dietetics		Assessment	Assessment	Marks
2.	Theory	2	15	35	050

### **Internal Assessment:** 15 Marks

(Out of 15 Marks to be send to the University.)

Mid-Term: 25 Marks Prelim: 35 Marks Total: 60 Marks

(60 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

**External Assessment (Theory):** 35 Marks

(University Examination)

#### **REFERENCES:**

- 1) Clinical dietetics and Nutrition, Antia 4<sup>th</sup> ed.
- 2) Nutritive value of Indian foods, Gopalan, 1<sup>st</sup> ed.
- 3) Krause's Food, Nutrition & diet Therapy, Mahan, 11th ed.
- 4) Nutrition & diet therapy, Williams
- 5) Clinical Dietetics & Nutrition, Philip.

#### **BIOCHEMISTRY & BIOPHYSICS**

#### SECTION - A

#### **BIOCHEMISTRY**

Placement: Ist Year Time Allotted Theory : 30 Hrs

**Practical:** 

#### **COURSE DESCRIPTION:**

The broad goal of teaching Biochemistry to Nursing students is to enable then to understand, the chemical processes taking place in the human body in health and disease. This will help them to increase the quality of patient care.

#### **OBJECTIVES:** At the end of the course, the students will

- 1. Identify the basic principles of Biochemistry
- 2. Understand and grasp the basic outline of chemistry and properties of important biomolecules like glucose, urea, etc
- 3. Summarize the working of enzymes and their importance as diagnostic tools for the clinician.
- 4. Describe the mechanisms involved in maintenance of body fluids along with electrolytes.
- 5. Be able to understand the concepts of laboratory medicine, which involves learning about physiological levels of important biomolecules and the underlying cause of change in these levels in disease states.

#### **COURSE CONTENTS**

#### UNIT I INTRODUCTION

2 hrs

- Introduction: importance of Biochemistry in Nursing
- Study of cell and its various components

#### UNIT II WATER AND ELECTROLYTES

2 hrs

- Distribution of water and its functions in human body (ECF & ICF)
- Water & Fluid balance
- Electrolyte Distribution and its functions in body
- Dehydration causes and consequences
- Electrolyte imbalance causes, hypo and hypernatremia and kalemia

#### UNIT III ENZYMES

05 hrs

- Definition and Mechanism of action
- Factors affecting enzyme activities
- Enzymes in clinical diagnosis and its applications
- Precautions for handling specimens for enzymes estimation
- Digestion and Absorption of carbohydrates, proteins and lipids.
- Factors influencing the digestion and absorption
- Mal absorption syndrome

#### UNIT IV CARBOHYDRATES

05 hrs

- Elementary outline of Electron transport chain (ETC) and Biological Oxidation
- Elementary consideration of Mono, di and polysaccharides
- Fate of glucose in the body including-gluconeogenesis, glycogensis, glycolysis, glycogenoglysis. Storage of glucose.
- Outline and Importance of TCA Cycle (Kreb's cycle)
- Regulation of blood glucose levels. Glucose Tolerance test (GTT) Hyperglycemia, Hypoglycemia.

#### UNIT V PROTEINS – AMINO ACIDS & HARMONES

05 hrs

- Protein Chemistry
- Essential amino acids, properties and functions
- Important polypeptides
- Plasma Proteins and their functions
- Nucleic acids- DNA, RNA
- Biosynthesis of proteins in the cells and Role of nucleic acids in protein synthesis
- Nitrogenous constituents of Urine, blood their origin Urea cycle and Nitrogen balance. Uric Acid formation, gout.

UNIT VI LIPIDS 06 hrs

- Biological Importance of important lipids and their functions
- Cholesterol and Lipoproteins
- Sources occurrence and distribution
- Blood levels and Metabolism
- Biosynthesis of fats and storage of fats (B-oxidation)
- Role of liver in fat metabolism Fatty liver, its causes and prevention
- Goal of lipid metabolism in Atherosclerosis and Heart diseases
- Ketone body formation and its utilization.
- Causes and detection of ketosis

#### UNIT VII INTER-RELATIONSHIP IN METABOLISM

05 hrs

- Carbohydrates, Lipids, a Protein, minerals metabolism
- Nutrition calorie value of food, BMR, SDA, Balance Diet

#### REFERENCES

- 1. Anthikad, 'J': Biochemistry for nurses; New Delhi: Jaypee Brothers
- 2. Dandekar S.P.: Medical biochemistry (based on MCI guidelines); New Delhi: Jaypee Brothers
- 3. Das, Debajyoti: Biochemistry; New ed.; Calcutta, Academic publishers
- 4. Hodkinson M: Clinical biochemistry of the elderly; London: Churchill Livingstone, 1984
- 5. Malhotra, V.: Biochemistry for students; New Delhi: Jaypee Brothers, 1985
- 6. Nath, R.L.: Practice of biochemistry in clinical medicine, 1976
- 7. U Satyanarayana : Biochemistry; Books and Allied Ltd.
- 8. Eastham Duncan Robert: Biochemical values in clinical medicine; 8<sup>th</sup> ed.: John Cought and Sons Ltd., 1977

#### SECTION - B

#### **BIOPHYSICS**

Placement: Ist Year Time Allotted Theory : 30 Hrs

**Practical:** 

#### **COURSE DESCRIPTION:**

The broad goal of teaching Biophysics to nursing students is to enable them to understand the application of physics principles while providing nursing care to the patients.

#### **COURSE CONTENTS:**

#### UNIT I INTRODUCTION 2 hrs

- Introduction: Concepts of unit and measurements
  - Fundamental and derived units
- Unit length, weight, mass, time.

#### UNIT II MOTION

2 hrs

- Vector and scalar motion, speed, velocity and acceleration
- Newton's law of motion

#### UNIT III GRAVITY

3 hrs

- Gravity: Specific gravity, centre of gravity, principles of gravity.
- Effect of gravitational forces on human body.
- Application of principles of gravity in nursing

#### UNIT IV FORCE WORK & ENERGIES

3 hrs

- Force, work, Energy: Their units of measurement.
- Type and transformation of energy, forces of the body, Static forces.
- Principles of machines, friction and body mechanics.
- Simple mechanics lever and body mechanics, pulley and traction, incline plane, screw.
- Application of these principles in nursing.

#### UNIT V HEAT 3 hrs

- Heat: Nature, measurement, transfer of heat
- Effects of heat on matter
- Relative humidity, specific heat
- Temperature scales
- Regulation of body temperature
- Use of heat for sterilization
- Application of these principles in nursing

UNIT VI LIGHT 3 hrs Light: Laws of reflection Focusing elements of the eye, defective vision and its correction, use of Relationship between energy, frequency and wavelength of light Biological effects of light Use of light in therapy Application of these principles in nursing **UNIT VII PRESSURRES** 3 hrs Pressures: Atmospheric pressure, hydrostatic pressure, osmotic pressure Measurements of pressures in the body Arterial and venous blood pressures Ocular pressure Intracranial pressure applications of these principles in nursing UNIT VIII 2 hrs **SOUND** Sound: Frequency, Velocity and Intensity Vocalisation and hearing Use of ultrasound. Noise pollution and its prevention Application of these principles in nursing **UNIT IX ELECTRICITY** 5 hrs Electricity and Electromagnetism: Name of Electricity, Voltage, Current, Resistance and their Units. Flow of electricity in solids, electrolytes, gases and vacuum. Electricity and human body ECG, EEG, EMG, ECT Pace makers and defibrillation Magnetism and electricity M.R.I. Scanning, CAT Scan **UNIT X** 2 hrs **NUCLEAR PHYSICS** Atomic Energy: Structure of Atom, Isotopes and Isobars. Radioactivity: Use of radioactive isotopes

UNIT XI ELECTRONICS 2 hrs

ionising radiation. X-rays.

Principles of Electronics: Common electronic equipments used in patient care.

Radiation protection units and limits, instruments used for detection of

#### **PRACTICUM:**

- Experiments and Tests should be demonstrated wherever applicable.

#### **EVALUATION:**

Paper	Subject Biochemistry & Biophysics	Duration	Internal Assessment	External Assessment	Total Marks
3.	Theory	3	25	75	100

**Internal Assessment:** 25 Marks (Out of 25 Marks to be send to the University)

	Section - A	Section – B	Total Marks
	Biochemistry	Biophysics	
Mid-Term	25	25	
Prelim	37	38	
Total	62	63	125
Average out of	13	12	25

(62 Marks from Biochemistry (mid-term & prelim) to be converted into 13 Marks and 63 Marks from Biophysics (mid-term & prelim) to be converted into 12 Marks)

**External Assessment (Theory):** 75 Marks

(University Examination)

Section A: Biochemistry: 37 Marks Section B: Biophysics: 38 Marks Total Marks: 75 Marks

#### **REFERENCES:**

- Flitter, H.H.(1989): An introduction to physics in nursing;
   7<sup>th</sup> edition Delhi, All India Traveller Book seller.
   (Original American ed. Pub. by C.V.Mosby, St.Louis).
- 2) Sackheim, S.M.(1962): Practical Physics for nurses; 2<sup>nd</sup> ed. Philadelphia, W.B. Saunders Co.
- 3) Stearns, H.O.(1962): Fundamentals of physics and Applications; 2<sup>nd</sup> ed. New York, Macmillan Co.
- 4) T.N.A.I. (1966): Physics and Chemistry; Laboratory Manual for Student Nurses; 3<sup>rd</sup> ed. New Delhi, T.N.A.I.
- 5) Waters, M.(1958): Elementary physics for Nurses; 6<sup>th</sup> ed London, Faber and fabor.
- 6) KIGOUR, O.F.G.(1978): An Introduction to the physical aspects of Nursing Sciences; 3<sup>rd</sup> ed. London, William Heinemann Medical Books Ltd.
- 7) Nordmark, M.t and Rahweder, A.W.(1959): Science Principles in Nursing; Philadelphia, J.B. Lippincott.

#### **PSYCHOLOGY**

Placement: Ist Year Time Allotted Theory : 60 Hrs

Practical: 15 Hrs

#### **COURSE DESCRIPTION:**

This course is designed to orient students with regards to psychological principles, and widen their knowledge of the fundamentals of psychology. The course offers students an opportunity to understand the psychodynamics of patient behavior and to apply theoretical concepts in practical settings.

**OBJECTIVES:** The course aims towards the developing students skills in –

- Understanding herself and others
- Analysing her own thought and behavior patterns
- Using psychological principles to improve her efficiency in nursing care
- Applying psychological principles while performing nursing duties
- Distinguishing psychological processes during health and sickness
- Planning nursing care with regards to psychological needs and concerns
- Participating in psychological assessment of patients

#### **COURSE CONTENTS**

#### UNIT I INTRODUCTION TO PSYCHOLOGY

3 hrs

- Definition, history and scope
- Branches and methods
- Relationship with other subjects
- Psychology and the student nurse
- Habits and skills

#### UNIT II SENSATION, ATTENTION AND PERCEPTION

6 hrs

- Sensation Definition and sensory processes
- Problems in sensation
- Attention Definition, characteristics and types
- Factors affecting attention
- Distraction and sustaining attention
- Perception Definition and characteristics
- Perception of form, depth and movement
- Types and difficulties in perception
- Problems and nursing care

#### UNIT III LEARNING

5 hrs

- Definition, nature and conditioning theories
- Learning process, laws and types and factors
- Learning during health and sickness

UNIT IV	MEMORY AND FORGETTING	5 hrs
- - - - -	Memory – Definition and nature Memory models and factors affecting memory Methods to improve memory Forgetting – Definition, explanation of forgetting Memory during health and sickness Forgetting during health and sickness	
UNIT V	MOTIVATION	6 hrs
- - - - -	Definition, nature and theories Needs and motives – Biological and social Frustration and conflicts Types of conflicts Self actualization Application in nursing care	
UNIT VI	EMOTION	5 hrs
- - -	Definition and meaning, theories Expressions and perceptions Emotions in sickness, nursing care	
UNIT VII	ATTITUDES	5 hrs
- - -	Definition and nature, theories Factors influencing attitude formation Role of attitudes in health and sickness	
UNIT VIII	INTELLIGENCE AND ABILITIES	6 hrs
- - -	Definitions and nature, theories Psychological testing and measurement Mental retardation and IQ Intelligence and abilities during sickness	
UNIT IX	PERSONALITY	7 hrs
- - - - - UNIT X	Definition, nature, factors influencing personality Theories of personality development Defence mechanism Psychological problems Personality disorders and nursing INDIVIDUAL DIFFERENCE	4 hrs
- - -	Definition and significance Heredity and environment Role in health and sickness Implications in nursing	

## UNIT XI PSYCHOLOGICAL ASPECTS OF NURSING 5 hrs Behaviour during sickness Understanding the client -Psychological approach in nursing care Psychological needs of child, adolescent, adult, aged Chronically ill and attendants **UNIT XII MENTAL HYGIENE** 3 hrs Concepts and meaning of mental hygiene Characteristics of a mentally healthy person Factors influencing mental health All theory topic lectures will be covered through interactive sessions with students. **PRACTICUM:** 9 hrs A 3 Experiments Attention Memory Learning 2 Psychological Tests (Rating Scales) 4 hrs B Hardiness Positive Thinking $\mathbf{C}$ **Case Study** 2 hrs

Discussion of a case with identification of expressed emotions, psychological needs, sources of conflict and attitudes expressed

Practicum will be recorded in a journal and will be scored as part of internal Assessment.

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Psychology		Assessment	Assessment	Marks
4.	Theory	3	25	75	100

**Internal Assessment:** 

Theory: 15 Marks
Practicum Assignment: 10 Marks
Total: 25 Marks

(Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks
Prelim: 75 Marks
Total: 125 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

**Practicum Assignments:** 10 Marks

External Assessment: 75 Marks

(University Examination)

#### **REFERENCES:**

- 1. Bhatia, B.D. and Craig, M: Elements of psychology and mental hygiene for nurses; Chennai: Orient Longman Pvt. Ltd
- 2. Dandekar, W.N. : Fundamentals of experimental psychology ; Kolhapur : Moghe Prakashan
- 3. Hurlock, E.: Developmental psychology; Singapore: Tata McGraw Hill Book Co.,
- 4. McGhee, A : Psychology as applied to nursing ; London : Churchill Livingstone
- 5. Morgan, C.T. and King, R.A.: Introduction to psychology; Singapore: McGraw Hill Book Co.,

#### **MICROBIOLOGY**

Placement: Ist Year Time Allotted Theory : 60 Hrs

Practical: 30 Hrs

#### **COURSE DESCRIPTION:**

This course reorients the students to the fundamentals of Microbiology and its various sub-divisions. It provides opportunities to gain skill in handling and use of microscope for identifying various micro-organisms. It also provides opportunities for safe handling of materials containing harmful bacteria and methods of destroying microorganisms.

#### **OBJECTIVES**: After the course the students will develop

- 1. Identify common disease causing organisms
- 2. Basic principles of Microbiology & its significance in health & disease
- 3. Handling of infective specimens
- 4. Various methods of sterilization & disinfection
- 5. Role of nurse in hospital infection control system.

#### **COURSE CONTENTS:**

#### UNIT I INTRODUCTION

3 hrs

- General Microbiology: History, (Fracostoriues of Verona to the Latest Nobe Laureates short note on Pasteur and Koch) and Introduction (Why to study the subject?)
- Microscope (Types dissecting to Electron measuring scale upto nanometer )

#### UNIT II GENERAL MICROBIOLOGY

3 hrs

- Morphology and Physiology (Size, Shape, struct., spore, flagella, capsule)
- Staining (demonstration) Gram's + Z N's + Motility

#### UNIT III BACTERIAL GROWTH REQUIREMENT

5 hrs

- Growth requirement of Bacteria + Bacteria growth curve
- Cultural media different
- Collection processing of sample and bacteria

#### UNIT IV STERILIZATION & DISINFECTION

5 hrs

- Sterilization + Disinfections
- Sterilization demo of instruments, Different disinfectants dilute
- Hospital infection control Biosafety + Fumigation and role of nurse
- Bacterial genetics (emphasis to drug resistance) Host parasite relationship

UNIT V	SYSTEMIC BACTERIOLOGY	10 hrs
	(Morpho, growth requirements, diseases caused vaccine epideo)	
-	Pyogenic cocci causing diseases Staphyllococci	
-	Streprococci and Pneumococci and Neisseria	
-	Salmonella + Shigella	
-	E coli diarrheoa + Cholera + Pseudomonas	
-	C. diptheria + Chlamydia Anaorobes intro. + C. welchii	
-	C. tetani + nonsporing anaerobes mention diseases	
_	Tuberculosis	
-	Leprosy + Aty	
-	Spirocheate + Leptospira	
-	Chlamydia	
-	Demo different morphology of bacteria G + C, G + B, GNC, GNB	
-	Demo of organism Spore, Capsule, fungi, AFB	
UNIT VI	SYSTEMIC MYCOLOGY	5 hrs
-	Fungi intro., Dermatophytes	
-	Mycetophytes	
-	Mycetoma, Rhino, Crypto	
-	Candida and Lab. Diagnosis of fungal infections	
UNIT VII	IMMUNOLOGY	5 hrs
-	Immunity	
-	Antigen	
-	Antibody	
-	Ag X Ab reaction sererogical	
-	Immune Response Hypersensitivity	
_		40.1
UNIT VIII	SYSTEMATIC PARASITOLOGY	10 hrs
-	Intro classification and some terms	
-	Amoeba + Giardia	
-	Trichomonas + Leishmania Malaria + Toxoplasma	
-	Cestodes (Taenia sodium and saginata E. granuloses)	
<u>-</u>	Intestinal Nematodes	
-	Tissue Nematodes	
-	Vectors	
-	Diff. Parasites and vectors stool preparation demo	
UNIT IX	SYSTEMATIC VIROLOGY	8 hrs
-	Gen. Prop. Cultivation classification	
-	Herpes virus	
-	Picorna virus	

- Measles, Mumps, Chicken pox
- Ortho and Arbo (Dengue)
- Rhabdo virus
- Hepatitis virus
- HIV and AIDS

#### UNIT X CLINICAL MICROBIOLOGY

6 hrs

- PUO, UTI, STD, Wound infection
- Micro organism transmitted through food
- Food poisoning, food born infection

#### **PRACTICUM:**

- Each student will practice in laboratory as indicated in each unit of the courses outline. While giving nursing care in the wards they will practice collection and processing of specimens, prevention and control of hospital infections. Sterilization, immunisation, chemotherapy and maintenance of personal and environmental hygiene. Observation visit to incinerator, posting in CSSD and infection control department.

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Microbiology		Assessment	Assessment	Marks
5.	Theory	3	25	75	100

#### **Internal Assessment:**

Theory: 15 Marks
Journal Assignment: 10 Marks
Total: 25 Marks

(Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into 15

Marks)

Journal Assignments: 10 Marks External Assessment (Theory): 75 Marks

(University Examination

#### **REFRENCES:**

1) Ananthnarayan : Textbook of Microbiology

2) Chakravarti: Textbook of Microbiology

3) Chattergey K.D.: Text book of Parasitology

4) Panikar: Textbook of Parasitology

5) Konemen: Textbook of Medical Microbiology

6) Marion E. Wilson: Microbiology in Nursing Practice.

#### MATERNAL NURSING

Placement: Ist Year Time Allotted Theory : 60 Hrs

Practical: 240

#### **COURSE DESCRIPTION:**

The course is designed to widen the student's knowledge of obstetrics during pregnancy, labour and peurperium. It also helps to acquire knowledge and to develop skill in rendering optimum nursing care to a child bearing mother in a hospital or in community and help in the management of common gynaecological problems.

**OBJECTIVES:** At the end of the course, the student will be able to:

- 1. Describe the physiology of pregnancy, labour, and puerperium.
- 2. Manage normal pregnancy, labour and puerperium.
- 3. Explain the physiology of lactation, and advice on management of breast feeding.
- 4. Provide pre- and post operative nursing care in obstetric conditions.
- 5. Identify and manage high risk pregnancy including appropriate referrals.
- 6. Propagate the concept and motivate acceptance of family planning methods.
- 7. Teach, guide and supervise auxiliary midwifery personnel.

#### **COURSE CONTENT**

#### UNIT I INTRODUCTION AND HISTORICAL REVIEW 5 hrs.

- (a) Early history of midwifery and evolution of obstetrics
  Maternity care and practices in various culture across the world.
  Expanded role of the nurse in maternity and gynaecology.
- (b) Safe motherhood initiative
  Maternal mortality, morbidity and perinatal mortality.
  Legislation related to maternal benefits, MTP acts, incentives and Family planning. Family welfare programme.

# UNIT II ANATOMY AND PHYSIOLOGY OF FEMALE 6 hrs. REPRODUCTIVE SYSTEM

- Review of anatomy and physiology of female reproductive system.
- Female pelvis and foetal skull.
- Menstrual cycle
- Human reproduction, gametogenesis, fertilization, embryo.
- Placenta, foetal membrane, liquor amnii, umbilical
- The foetus, foetal growth, foetal physiology, foetal circulation.

UNIT III	NORMAL PREGNANCY	8 hrs.
-	Physiological changes during pregnancy	
-	Diagnosis of pregnancy and antenatal care	
-	Antenatal assessment of foetal well being.	
-	Physiology of normal labour	
-	Mechanism of normal labour.	
-	Management of I, II, and III stages of labour.	
-	Physiology of puerperium.  Physiology of lactation and breast feeding	
_	Management of normal puerperium	
	Management of normal puerpertum	
UNIT IV	NEW BORN BABY	6 hrs.
-	Resuscitation and immediate care of newborn.including SGA & LGA	
-	Normal characteristics and essential care of newborn.	
-	Asphyxia Neonatarum, respiratory distress	
-	Jaundice in newborn	
-	Birth injuries, congenital anomalies, infection in newborn,	
	and vomiting in newborn.	
-	Still birth – incidence, causes and prevention.	
-	Care of low birth weight babies in labour room and nursery / NICU.	
UNIT V	MEDICAL DISORDERS IN PREGNANCY	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension,	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy  Diabetes mellitus in pregnancy	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy	5 hrs.
UNIT V	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy	5 hrs.
UNIT V  UNIT VI	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB	5 hrs. 10 hrs.
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY Abortion	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia.  Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy Antepartum haemorrhage – Placenta previa, Abruptio placenta	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy Antepartum haemorrhage – Placenta previa, Abruptio placenta Vomiting in pregnancy	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy Antepartum haemorrhage – Placenta previa, Abruptio placenta Vomiting in pregnancy Pregnancy in Rh negative women	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy Antepartum haemorrhage – Placenta previa, Abruptio placenta Vomiting in pregnancy Pregnancy in Rh negative women Multiple pregnancy, hydramnios	
- - - - - -	Hypertensive disorders – Pregnancy induced hypertension, Eclampsia. Anaemia in pregnancy Diabetes mellitus in pregnancy Heart diseases Renal disorders in pregnancy Jaundice in pregnancy Pulmonary TB Pregnancy with STD, HIV / AIDS.  HIGH RISK PREGNANCY  Abortion Hydatiform mole Ectopic pregnancy Medical termination of pregnancy Antepartum haemorrhage – Placenta previa, Abruptio placenta Vomiting in pregnancy Pregnancy in Rh negative women	

- - -	IUGR, postdatism Pregnancy with previous caesarean section Fibroid with pregnancy	
-	Ovarian tumour with pregnancy	
UNIT VII	HIGH RISK LABOUR	3 hrs.
-	Abnormal presentation – Unstable lie, Occipitoposterior, face and presentation	brow
-	Breech presentation, compound presentation Abnormal uterine action in labour and active management of labour	
-	Contracted pelvis and CPD Obstructed labour, rupture of uterus, injuries of maternal birth cana prolapse.	ıl, cord
UNIT VIII	ABNORMALITIES OF PUERPERIUM	4 hrs.
- - -	Puerperial pyrexia and sepsis Post partum haemorrhage Breast complications – Breast engorgement, breast abscess, acute mastitis Psychiatric disorders in puerperium	
UNIT IX	OBSTETRICAL EMERGENCIES & OPERATIVE OBSTETRICS	3 hrs.
- - -	Uterine rupture, cervical tear D & E , S & E Use of instruments – Ephysiotomy Forcep, Vaccuum Caesarean section	
UNIT X - -	PHARMACOTHERAPEUTICS Oxytocics, Prostaglandins – use in obstetrics Anaesthesia and analgesics used in obstetrics	2 hrs.
UNIT XI	SPECIAL INVESTIGATIONS IN OBSTETRICS	2 hrs.
- -	USG, NST, CTG Radiography	
UNIT XII	CURRENT TRENDS IN REPRODUCTIVE HEALTH(RCH)	4 hrs.
- - -	Infertility, genetic counseling Unwanted pregnancy Unwed mother Advances in obstetrics and maternity care.	
UNIT XIII	GYNAECOLOGYCAL NURSING	4 hrs.
-	Common Gynaecological Problems	

- Cervical erosions, Carcinoma
- Fibroids, Utterine and Cervical Prolans
- Uterine Inversion etc

#### **PRACTICUM**: Practice following Procedures

- Antenatal, Postnatal & per vaginal exam.
- Conduct normal delivery (For male candidates minimum conduct of 5 deliveries)
- Motivation of Planned Parenthood, advice on family planning methods.
- Assist in various diagnostic & therapeutic procedure including IUD insertion & removal.
- Follow Nursing process in providing care to 3-6 patients.

#### PRACTICUM / CLINICAL EXPERIENCE : TOTAL HOURS : 240

Antenatal OPD or ANC Ward:
Labour Room:
Post natal ward/ OPD:
Gyaence ward:
OPD, Family Planning clinics & visits:
Operation Theatre:
hours: 50
hours: 30
hours: 30
hours: 20

#### **EVALUATION:**

Paper	<b>Subject</b> Maternal Nursing	Duration	Internal Assessment	External Assessment	Total Marks
6.	Theory	3	25	75	100
1.	Practical		50	50	100

#### **Internal Assessment:**

Theory: 25 Marks
Practical: 50 Marks
Total: 75 Marks

#### Details as follows:

**Internal Assessment (Theory):** 25 Marks (Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into

25 Marks)

**Internal Assessment (Practical):** 50 Marks (Out of 50 Marks to be send to the University)

#### Details as follows:

1. Mid-Term Exam:

	2.	Preliminary Exam:	050 Marks
3.		Clinical Evaluation & Clinical Assignment:	500 Marks
		i) Case study: Two (50marks each):	100 Marks
		ii) Case presentation: One:	050 Marks
		iii) Clinical evaluation (100 marks each):	300 Marks
		ANC/ LABOUR ROOM/ PNC	
		iv) Group Health teaching (One):	025 Marks
		v) Nursing care Plan (Gyanae: One):	025 Marks
Total Marks:			600 Marks
	(60	00 Marks from Practical to be converted into 50 Ma	rks for Internal
		Assessment (Practical))	

External Assessment (Theory): 75 Marks (University Examination) External Assessment (Practical): 50 Marks (University Examination)

#### **REFERENCES**

- 1. Myles Text Book of Midwives , Eds; Diane M. Fraser and Margaret A. Cooper 14<sup>th</sup> Ed , Churchill Livingstone.
- 2. D.C. Dutta Text Book of Obstetrics including Perinatology and Contraception 6<sup>th</sup> Edition, 2004 New Central Book Agency.
- 3. Hawkins and Bourne, Shaws Textbook of Gynaecology, Eds; V.G Padubidri and Shirish N Daftary, 13<sup>th</sup> ed, Reed Elseiver India.
- 4. S S Ratnam, K Bhasker Rao and S Arulkumaran, Obstetrics and Gynaecology for Postgraduates, Vol 1 and Vol 2, Orient Longman Ltd 1994
- 5. lower milk, perry, Bobak:"Maternity and women's Health Care" 6<sup>th</sup> ed.; 1997. C.V Mosby.
- 6. C.S.Dawn: Textbook for obstretics & neonatology 12<sup>th</sup> edition.

#### CHILD HEALTH NURSING

Placement: Ist Year Time Allotted Theory : 60hrs
Practical : 240hrs

#### **COURCE DISCRIPTION:**

This course is aimed at developing an understanding of the modern approach to child care, the principles of child health nursing and the common problems of neonates and children in health and sickness.

**OBJECTIVES:** At the end of the course, the students will be able to:-

- 1. Explain the modern concept of child care and the principles of child health nursing.
- 2. Describe the normal growth and development of children in various age groups.
- 3. Explain the physiological response of body to disease conditions in children.
- 4. Identify the health needs and problems of neonates and children, plan and implement appropriate nursing interventions.
- 5. Identify the various preventive, promotive and rehabilitative aspects of child care and apply them in providing nursing care to children in the hospital and in the community.

#### **COURSE CONTENT**

#### UNIT I INTRODUCTION TO CHILD HEALTH NURSING 8 hrs.

- Modern concept of child care
  Internationally accepted rights of the child.
- Changing trends in hospital care, preventive, promotive and curative aspects of child health Child morbidity and mortality rates
- National policy and legislation's in relation to child health and welfare.
- National programmes related to child health and welfare.
- Differences between adult and child
- Hospital environment for a sick child and role of a paediatric nurse in caring for the hospitalized child
- Principles of pre and post operative care of infants and children
- Paediatric nursing procedures Prepn of child for diagnostic tests, collection of specimens, calculation and administration of oral and parenteral medication, feeding, adm of oxygen, nebulisation ,collection of specimens ,exchange transfusion, restraints

#### UNIT II THE HEALTHY CHILD

12 hrs.

- Growth & development ---. Principles & factors affecting growth & development.
- Assessment of growth and development

Growth & development from birth to adolescence, needs of normal children through stages of development and parental guidance.

- Nutritional needs of infants and children principles of paediatric nutrition

Breast feeding

Artificial feeding & Weaning

- Infancy ,toddler, pre schooler, school age child and adolescents.
- Role of play in children Need, importance and value of play, selection of play material and nurse's role.
- Preventive immunization

#### UNIT III CARE OF THE NEWBORN.

4 hrs.

- Characteristics and care of a newborn.
- Asphyxia neonatorum & neonatal resuscitation.
- Low birth weight infants
- Nursing management of common neonatal disorders.
  - Neonatal jaundice & photo therapy
  - Neonatal sepsis & hypoglycemia
  - Organization of Neonatal units, Prevention & Control of infection
  - Critical care concept in child health

# UNIT IV NURSING MANAGEMENT OF COMMON CHILDHOOD ILLNESS.

32 hrs.

- (a) **Nutritional deficiency disorders.** 
  - Protein energy malnutrition
  - Vitamin deficiency disorders (Rickets, scurvy, Vit A deficiency disorders)
  - (b) Respiratory diseases & disorders.
    - Acute bronchitis & Bronchiolitis
    - Pneumonia
    - Branchial Asthama
- (c) <u>Disorders of the gastro-intestinal system.</u>
  - Acute gastroenteritis
  - Tracheo esophageal fistula
  - Cleft lip and palate
  - Hypertrophic Pyloric Stenosis
  - Hirschsprung's disease & Intestinal Obstruction
  - Anorectal anomalies

#### (d) Cardiovascular system

- Rheumatic fever
- Congenital heart diseases
- Congestive cardiac failure

#### (e) <u>Disorders of Genito urinary System</u>

- Acute glomerulo nephritis
- Nephrotic Syndrome
- Wilm's tumour &Congenital disorders

#### (f) Neurological disorders

- Convulsions in children & Epilepsy

- Meningitis & Encephalitis
- Hydrocephalus, Meningocele and meningomyelocele

#### (g) <u>Haematological disorders</u>

- Anaemia & Thalassemia
- Idiopathic thrombocytic Purpura & Hemophilia
- Leukaemia

#### (h) **Endocrine Disorders**

- Juvenile Diabetes Mellitus

#### (i) Orthopaedic Disorders

- CTEV (Club foot), Congenital hip dislocation
- Fractures

#### (j) <u>Disorders of Skin, Eye & ENT</u>

<u>Skin</u>: Eczema, urticaria, scabies, pediculosis, worm infestations

**Eye & ENT**: Tonsillitis, Deafness, Otorrhoea, Otitis Media, Cong Cataract, hypertelorism

#### (k) <u>Communicable Diseases in Children</u>

- Measles/rubella, Chicken pox
- Diphtheria, whooping cough
- Tetanus, Poliomyelitis
- AIDS
- Tuberculosis

#### (m) **Paediatric Emergencies**

- Accidents, Poisoning ,Stings & Bites
- Foreign bodies, Haemorrhage & Drowning Burns

# UNIT V MANAGEMENT OF BEHAVIOURAL PROBLEMS IN CHILDREN CHILDHOOD ILLNESS.

04 hrs.

- Enuresis, Encoprecis, temper tantrums somnambulism, juvenile delinquency, speech defects, tics, pica, antisocial behaviour
- Management of challenged children
  Need for early diagnosis ,treatment and

rehabilitation of Mentally challenged – Mental retardation

- Physically challenged – Cerebral palsy

Socially challenged – Child abuse & child labour

#### **PRACTICUM**

The students will:-

- 1. Be posted in paediatric medical and surgical ward, OPD in hospital, health centre and neonatal unit..
- 2. Visit a centre for handicapped children and child welfare centre and write observation report.
- 3. Write an observation study of normal children of various age groups in home/nursery school/creche.
- 4. Follow nursing process in providing care to 3-6 children.
- 5. Write at least two nursing care studies and do a presentation.
- 6. Give two planned health teachings, one in hospital and one in OPD/health centre.
- 7. Practice the following nursing procedures : Taking pediatric history

Physical assessment of children

Baby bath

Feeding – spoon & vati, nezogastric feeding.

Restraining

Calculation of dosage of drugs and administration of medications and injections & Intra Venous Infusion.

Collection of specimens

Enema. bowel wash. colostomy irrigation

Steam and Oxygen inhalation

Preparation to assist with diagnostic tests and operations

Examination/Assessment of a newborn

Neonatal resuscitation

Care of a baby in incubator and on ventilator

Photo therapy

Assist in exchange transfusion and other therapeutic procedures

#### **CLINICAL EXPERIENCE:**

Pediatric Medical hours: 60
 Pediatric Surgical hours: 60
 Intensive Pediatric Critical Unit hours: 30

- NICU hours: 30
- OPDs including (CWC, CGC) hours: 30

- Visits – (various agencies: i.e., crèches, schools, nursery,

Special schools & handicapped, etc.) hours: 30

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Child Health Nursing		Assessment	Assessment	Marks
7.	Theory	3	25	75	100
2.	Practical		50	50	100

#### **Internal Assessment:**

Theory: 25 Marks
Practical: 50 Marks
Total: 75 Marks

Details as follows:

**Internal Assessment (Theory):** 25 Marks (Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Marks

(125 Marks from mid-term & prelim (Theory) to be converted into

25 Marks)

**Internal assessment (Practicum): 50 Marks** 

(Out of 50 Marks to be send to the University)

#### **Practical Exam**

1) Mid-Term exam

**Total Hours: 240** 

2) Prelim 050 Marks

3) Clinical Evaluation & Clinical Assignment: 500 Marks
i) Case study (two): 100 Marks

(One Paediatric Medical &

One paediatric surgical-50 marks each)

ii) Case presentation (one) 050 Marks

iii) Clinical evaluation of compressive nursing care-

300 Marks

(One paediatric medical, One paediatric surgical & One NICU-100 Marks each)

iv) Health teaching

025 Marks

v) Assessment of growth and development (Preterm baby, Infant, Toddler, Preschloolar, and schoolar (Marks 20 each).

Total: 675 Marks

(675 Marks from Practicum to be converted into 50 Marks)

External Assessment: 125 Marks (University Exam)

Theory: 75 Marks
Practical: 50 Marks
Total: 125 Marks

#### **REFRENCES:**

- 1. Marlow Dorothy and Redding. Text book of Peadiatric Nursing. 6<sup>th</sup> edition Hartcourt India Ltd, New Delhi, 2001.
- 2. Wong Dona et al. Whaley and Wongs Nursing care of Infants and children. 6<sup>th</sup> edition. Mosby Company, Philadelphia, 2000.
- 3. Black G Florence and Wright. Essential of Paediatric Nursing. JB Lippincott & Co. Philadelphia.
- 4. Parthasarathy et al. IAP Text book of Peadiatrics. 1<sup>st</sup> edition Jaypee Brothers, New Delhi-2000.
- 5. Ghai OP et al. Ghai's Essentials of Peadiatrics. 5<sup>th</sup> edition. Mehta Offset works, New Delhi, 2000
- 6. Vishwanathan and Desai. Achar's Text book of Paediatrics. 3<sup>rd</sup> edition. Orient Langman. Chennai, 1999.

# **MEDICAL –SURGICAL NURSING**

Placement: Ist Year.

Allotted Theory: 90hrs.

Practical: 270hrs.

### **COURSE DESCRIPTION:**

The purpose of this course is to widen the students' knowledge and develop proficiency in caring for patients with Medical Surgical problems. This course includes review of relevant anatomy & physiology, pathophysiology in Medical Surgical disorders & the nursing management of these conditions.

**OBJECTIVES:** At the end of the course, the F.Y.B.Sc. Nursing students will-

- 1. explain relevant Anatomy & Physiology of various systems of the body.
- 2. explain eitiology, pathophysiology & manifestations of various disorders.
- 3. explain the actions, side-effects & nursing implications in administering drugs for various disorders.
- 4. discuss the recent advancement in the investigations, treatment & care of patients with Medical Surgical conditions.
- 5. develop skill in giving comprehensive nursing care to patients following the steps of nursing process.
- 6. assist the patients & their families in identifying & meeting their own health needs.
- 7. provide planned & incidental health education on various aspects related to disorder & relevant care.
- 8. appreciate the role of the nurse in the Medical Surgical health team.

#### **COURSE CONTENTS:**

#### UNIT I INTRODUCTION TO MEDICAL SURGICAL NURSING 4 hrs

- Introduction to medical surgical nursing.
- Review of concepts of comprehensive nursing care in medical surgical conditions.
- Nurse, patient & his/her family
- Functions of nurse in the outpatient department.
- Intensive care units. \* Staff requirement. Client's needs & nsg. care.

# UNIT II NURSING MANAGEMENT OF PATIENTS WITH SPECIFIC PROBLEMS 10 hrs

- Fluid & electrolyte imbalance.
- Dyspnoea, cough & respiratory obstruction.
- Fever & nursing care.
- Shock & nursing care.
- Unconsciousness & nursing care.
- Pain perception & nursing care.

- Acute & chronic illness & nursing care.
- Terminal illness & nursing care.
- Ageing & illness & nursing care.
- Pre & post-operative care.
- Nursing care of clients with incontinence.

# UNIT III NURSING MANAGEMENT OF PATIENT WITH 08 hrs. NEUROLOGICAL & NEURO-SURGICAL CONDITIONS.

- Review of anatomy & physiology of the nervous system & assessment of clients with CNS disorders.
- Pathophysiology, diagnostic procedures & management of:
  - cerebro-vascular accident & nursing care.
  - cranial, spinal & peripheral neuropathies & nursing care.
  - headache & intractable pain & nursing care.
  - epilepsy & nursing care.
  - nursing care of clients with infectious & inflammatory diseases & trauma of the nervous system.
  - nursing care of clients with common CNS disorders.
  - recent advances in diagnostic & treatment modalities & drugs used in CNS disorders.
  - brain, spinal tumours, congenital malformations, degenerative disorders.

# UNIT IV NURSING MANAGEMENT OF PATIENTS WITH CARDIO-VASCULAR PROBLEMS. 08 hrs

- Review of relevant anatomy & physiology of cardio-vascular system & assessment of clients with cardio-vascular disorders.
- Pathophysiology, diagnostic procedures & management of-
  - ischaemic heart disease.
  - cardiac arrhythmias.
  - congestive cardiac failure.
  - rheumatic & other valvular heart diseases.
  - endocarditis, cardiomyopathies, congenital heart diseases, hypertension, heart block.
  - cardiac emergencies: cardiac arrest, acute pulmonary oedema, cardiac tamponade, cardiogenic shock, aneurisms & peripherovascular disorders, recent advancement in cardiology.

# UNIT V NURSING MANAGEMENT OF PATIENT WITH RESPIRATORY PROBLEMS.

06 hrs

- Review of anatomy & physiology of respiratory system & assessment of clients with respiratory disorders.
- Pathophysiology, diagnostic procedures and management of upper and lower respiratory track infection
  - Bronchitis, bronchiectasis & nursing care.
  - Asthama, emphysema, empyema, atelectasis, COPD and nursing care.

- Chest injuries, resp. arrest & insufficiency
- Special respiratory therapies & drugs used in the management.

# UNIT VI NURSING MANAGEMENT OF CLIENTS WITH GENITO-URINARY PROBLEMS. 05 hrs.

- Review of anatomy & physiology of the genito-urinary system & assessment of clients with genito-urinary problems.
- Pathophysilogy & management of-
  - congenital disorders, urinary infections.
  - nephritis, renal calculi.
  - acute renal failure, chronic renal failure, end stage renal disease.
  - special procedures : dialysis, renal transplant.
  - benign prostatic hypertrophy.
  - drugs used in the management of these patients.

# UNIT VII NURSING MANAGEMENT OF CLIENTS WITH PROBLEMS OF THE DIGESTIVE SYSTEMS 10 hrs.

- Review of anatomy & physiology of gastro-intestinal system & accessory organs& assessment of clients with gastro-intestinal tract disorders.
- Pathophysiology, diagnostic procedures & management of -
  - gastro-intestinal bleeding.
  - peptic ulcer.
  - acute abdomen.
  - infections, colitis, diarrhoea, dysentry & mal-absorption syndrome.
  - cholecystitis.
  - hepatitis, hepatic coma & cirrhosis of liver, portal hypertension.
  - pancreatitis.
  - tumours, hernias, fistulas, fissures, haemmorrhoids.
  - drugs used in the management of these patients.

# UNIT VIII NURSING MANAGEMENT OF PATIENTS WITH ENDOCRINE PROBLEMS.

5 hrs

- Review of anatomy & physiology & assessment of clients with endocrine disorders.
- Pathophysiology, diagnostic procedures & management of -
  - thyroid disorders.
  - diabetes mellitus, diabetes insipidus.
  - adrenal tumours, pituitory disorders.
  - drugs used, diagnostic procedures & nursing management of patient with above problems.

UNIT IX NURSING MANAGEMENT OF PATIENTS WITH MUSCULO-

# SKELETAL PROBLEMS. 5 hrs. Review of anatomy, physiology & assessment of patients with musculo-skeletal disorders. Osteomalacia, osteoporosis, osteomyelitis, bursitis. Fractures, dislocation & trauma. Prolapsed disc. Prosthesis & rehabilitation. Transplant & replacement surgeries. **UNIT X** NURSING MANAGEMENT OF PATIENTS WITH DISORDERS OF FEMALE REPRODUCTIVE TRACT. 3 hrs. Disorders of menstruation & inf. of genital tract. \*Benign & malignant tumours of genital tract & RVF & VVF. \* Climacteric changes & associated problems. UNIT XI NURSING MANAGEMENT OF PATIENTS WITH ONCOLOGICAL DISORDERS. 5 hrs. Types of neoplasms & related pathophysiology, diagnostic procedures, modalities of treatment & nurses' role. Special therapies: chemotherapy & radiotherapy & nsg. care. Preventive measures, other therapies. UNIT XII NURSING MANAGEMENT OF PATIENTS WITH BURNS & RECONSTRUCTIVE SURGERIES. 3 hrs. Pathophysiology, assessment & nursing management of patients with Nursing management of patients with reconstructive surgeries. UNIT XIII NURSING MANAGEMENT OF PATIENTS WITH COMMUNICABLE DISEASES, STDS & HIV/AIDS. 5 hrs. Nursing management of patients with common communicable diseases & STDs. Nursing management of patients with immunological disorders including HIV/AIDs. NURSING MANAGEMENT OF PATIENTS WITH DISEASES UNIT XIV OF EYE, EAR, NOSE, THROAT & SKIN. 5 hrs. Assessment & nursing management of patients with eye disorders. (eye injuries, catract, inf., blindness) Assessment & nursing management of patienst with ear disorders (deafness). Assessment & nursing management of patients with nose & throat disorders. (DNS, tonsillitis).

- Assessment & nursing management of patients with skin disorders.

(fungal inf., herpes, psoriasis etc)

# UNIT XV NURSING MANAGEMENT OF PATIENTS WITH BLOOD DISORDERS. 5 hrs.

- Review of anatomy & physiology of blood & blood products.
- Pathophysiology, diagnostic procedures & management of blood disorders.
  - anaemia, leukaemia.
  - bleeding disorders, haemophilia, purpura etc.
  - blood transfusion, safety checks, procedure & requirements, management of adverse transfusion reaction, records for blood transfusion.
  - management & counseling of blood donors, phlbotomy procedure, & post-donation management.
  - blood bank functioning & hospital transfusion committee. Biosafety & waste management in relation to blood transfusion.

# UNIT XVI NURSING IN EMERGENCIES.

3 hrs.

- Cardiac emergencies. (included in unit iv)
- Trauma.
- poisoning.
  - crisis mgt :thyroid, hypertensive, & adrenal crisis included in unit viii & iv.

PRACTILUM/CLINICAL EXPERIENCS :	Total hrs. 270.
1. Medical unit	hrs.25.
2. Surgical Uni	hrs.25.
3. Cardiology Unit	hrs.30.
4. Neurology Unit	hrs.30.
5. Intensive care Unit	hrs.35.
6. Critical care Unit	hrs.35.
7. Burns Unit	hrs.15.
8. Orthopaedic Unit	hrs.15.
9. Opthalmic Unit	hrs.10.
10. Ear, Nose Throat Unit	hrs.10.
11. Artificial Kidney Dylasis	hrs.15.
12. Onchology Unit	hrs.10.
13. Skin ward	hrs.10
14. General OPD	hrs.05.

#### **EVALUATION:**

Paper	Subject Medical & Surgical Nursing	Duration	Internal Assessment	External Assessment	Total Marks
8.	Theory	3	25	75	100
3.	Practicals		50	50	100

**Internal Assessment:** 

Theory: 25 Marks
Practical: 50 Marks
Total: 75 Marks

Details as follows:

**Internal Assessment (Theory):** 25 Marks

(Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Mark

(125 Marks from mid-term & prelim (Theory) to be converted into

25 Marks)

**Internal Assessment (Practical):** 50 Marks

(Out of 50 Marks to be send to the University)

**Practical Exam** 

Mid-Term Exam 050 Marks

Prelim 050 Marks
3) Clinical Evaluation & Clinical Assignment: 600 Marks
1. Case Study (Two) (50 Marks Each) 100 Marks

(One Medical & One Surgical Nursing)

2. Case Presentation (Two) (50 Marks Each) 100 Marks (any specialty i.e., ENT/Ophthalmology/Skin/Burns.)

3. Nursing care plans (25 marks each) 100 Marks i.e., Neurology/Orthopedic/Cardiology/Onchology.

4. Clinical Evaluation Comprehensive Nursing Care-300 Marks (100 marks each) i.e., medical Nursing, Surgical Nursing,

Critical Care Units

Total: 700 Marks

(700 Marks from practical to be converted into 50 Marks)

**External Assessment:** 125 Marks (University Examination)

Theory: 75 Marks Practical: 50 Marks

# **REFERENCES:**

- 1. LongPhipps. Casseyer. Medical Surgical Nursing. A Nursing process approach. Pub. Mosby co. 1993
- 2. Lewis, Collier, Heitcemper. Medical Surgical Assessment& management of clinical problems.
- 3. Brunner & Suddharth. Medical Surgical Nursing Pub. J.B.Lippincott co.
- 4. Luckmann& Sorensen. Medical Surgical Nursing A phschophysiologic approach. Pub. W.B. Saunders co.
- 5. Joyce M. Black, E.M. Jacobs; Medical, Surgical Nursing, Clinical Management for continuity of care; 5<sup>th</sup> ed.; 1997; by W.B. Saunders company.(part I&II).

# **ENGLISH**

Placement: Ist Year Time Allotted: Theory – 60 Hrs

# **COURSE DESCRIPTION:**

This course is designed to help the student understand and usage of English language required for their professional work.

# **OBJECTIVES:** After the course the students will develop

- 1. Ability to speak and write grammatically correct English
- 2. Effective skill in reading and understanding the English language
- 3. Skill in reporting

# **COURSE CONTENTS:**

UNIT I 15 hrs.

- Remedial study of Grammer
- Review of grammer, vocabulary and effective use of dictionary
- Prepare task oriented seminars
- Symposia and panel discussion

UNIT II 10 hrs.

- The ability to understand selected passage and express meaning in one's own words.
- Reading and comprehension of the prescribed books

UNIT III 20 hrs.

- The study of various forms of composition
- Note taking
- Diary
- Nurses notes, anecdotal records
- Writing of summary
- Nurses reports on health problems

The students will submit one sample of each item from her own practical experience.

UNIT IV 15 hrs.

- Verbal communication
- Oral reports
- Summarization of discussion
- Debate
- Listening comprehension Film, Cassette and Radio

# **PRACTICUM:**

- The clinical experience in the wards and bed side nursing will provide opportunity for students to fulfill the objectives of learning language.
- Assignment on writing and conversation through participation in discussion, debates, seminars and symposia. The students will gain further skills in task oriented communication.

# **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	* English (Qualifying)		Assessment	Assessment	Marks
9.	Theory		100		100
	-		College level qualifying		
			exam, minimum passing		
			Marks	33%.	

<sup>\*</sup> College level qualifying exam to appear in University Examination, minimum passing Marks 33%.

Internal Assessment: 100 Marks

(Out of 100 Marks to be send to the University along with Internal Assessment Marks of other subjects for inclusion in the Mark Sheet.)

Mid-Term: 50 Marks
Prelim: 50 Marks
Total: 100 Mark

# **REFRENCES:**

Some extracts from the book "How to Win Friends & Influence People" – Dale Carnegie.

# II<sup>nd</sup> YEAR POST BASIC B.Sc NURSING SYLLABUS

#### **SOCIOLOGY**

Placement: IInd Year Time Allotted: Theory: 60 Hrs

# **COURSE DESCRIPTION:**

This course is to reorient students to sociology related to community of social institutions in India and its relationship with health, illness and nursing.

## **OBJECTIVES**: At the end of the course, the student will

- describe sociological concepts applicable to nursing
- determine role of sociology in nursing as related to social institutes in India.
- Develop positive attitudes towards individual family and community.

# **COURSE CONTENTS:**

# UNIT I INTRODUCTION OF SOCIOLOGY TO NURSING

5 hrs

- Behavioural sciences, social sciences, arts and sciences-meaning, fields and scope, their relationship with nursing
- Concepts of social development and indicators of health, role of nurse as a social scientist and change agent in health for all.
- Development of medical sociology meaning, fields, scope, sociology and nursing methodology of sociology, sociology as science.
- Meaning, definition, scope and significance of sociology, contribution of August Comte, Durkheim, Max Weber, Maciver to the development of sociology. Contribution of Indian sociologists such as Radhakamal Mukherjee, Ghurye, Kapadiam Sriniwas.
- Individual and society, their relationship with each other approaches to study their interdepending atomism and holism and contract theory.

# UNIT II FUNDAMENTAL CONCEPTS IN SOCIOLOGY

**15 hrs** 

- Concepts its meaning, utility –primary concepts in sociology institutions, association, organisation-meanings, definitions, functions, comparison
- Groups types, classification, meanings, definitions, characteristics of primary and secondary groups. Their comparison, ingroup, outgroup, reference group
- Social groups crowds-features, characteristics type, nature, formation of crowd, public, audience as a group, public opinion, nation, race
- Society- development of society from primitive, slavery, feudal, capitalist to complex. Relevance of societal knowledge to health workers.
- Human society and animal society comparison uniqueness of Human society language, adaptation of man to nature, environment, ecology from primitive to modern development with reference to health practices.
- Indian society-its peculiarities tribal community, rural community and comparison, pachayat raj-doctrin of karma dharma artha and kama, moksa, ashram in traditional hindu society.
- Status and role type, function, characteristics of status and role, relationship between status and role, doctor's role, nurses role, patients role.
- Concepts of structure and functions elements definitions-meanings of structure and function, interdependence, social dysfunction causes
- Social system definition, meanings characteristics, prerequisite of social system, type of social system
- Social stratification features, significance (or functions) and functional necessities if stratification forms of stratification caste and class

- Caste system unique feature of Indian social system, nature of caste system, hierarchy, segmental division, restrictions or taboos, civil and religious disabilities, limited choice of occupation, endogamy advantage maintaining partly of genes Dr. G.S. Guyrye's contribution
- Class system division three-upper, middle, lower, features, characteristics Karl Marx's theory of class formation, distinction between class and caste.

#### UNIT III SOCIAL INSTITUTIONS

10 hrs

- Social institutions features, functions (role) meanings, definitions-distinction between institutions and community, institutions and association, institutions and society, various social institutions
- Norms as social institutions, meanings, definitions, characteristics, classifications of norms mores, taboos, customs, folkways, fashion-fads, laws institutionalize
- Marriage as institution, definition, meanings, nature, type, characteristics, forms of marriage, functions of marriage
- Family as institution-meaning definitions, types, characteristics, functions or roles of family a basic unit or group of society
- Family traditional and modern, Indian family, role of women in traditional and modern family, divorce, family problems, problem family.
- Role of family in health, illness and diseases, family and nurse, role of family in the context of women's and children's health in India from girl, marriage, oldage.
- Religion institution, definition, meanings, basic components a system of beliefs and rituals, ancient and modern concepts. Indian set up religion Hindu, Jain, Buddhism Islam, Christianity.
- Economic as Institution meanings, definitions stages of economic life- food gathering, pastoral, agricultural, industrial
- Education Institutions definitions, meanings, functions, roles, history of education and developments
- Politics as institutions definitions, meanings, functions, roles, changing pattern, emperor, democracy, govt. and role of state in health. Public health.

## UNIT IV CULTURE

5 hrs

- Planning-definitions of culture in sociology and anthropological, components, characteristics, origin and development of culture.
- Nature and functions of culture-variability ethnocentrism in culture-culture and health behavior.
- Culture and personality, culture and civilization, cultural lag
- Culture and society, patterns of culture, inventions and discovery

# UNIT V SOCIAL INTERACTION

5 hrs

- Social interactions meanings, factors, influencing interaction, definition, Importance
- Social process meaning, definitions, co-operation, competition, conflicts, accommodation, assimilation, revolution and war.
- Concepts of social control meaning definition type of social control socialization, religion and sanctions, agencies of social control family, peer groups, schools, neighborhood, communication. Adult socialization, realization.

- Social change, meanings, definitions, factors influencing social change. Causes of social change, theories, type planned and natural.
- Social change in India
- Dr. M.N. Srinivas's concept of sanskritization, westernization and modernization.
- Education, urbabization, industrilization, development of transportation and communication.
- Factors affecting social change demographic, technological, agricultural development, economic, cultural, planned change

#### UNIT VII DISORGANISATION AND SOCIAL PROBLEMS

**15 hrs** 

- Meaning and definition of organization and disorganization, causes of disorganization, types of disorganization individual, family, community, effect of disorganization on Individual, family and community
- Disorganization in the Society causes, type of crime, health related problems
- Juvenile delinquency meaning, causes, children act, Government remedial measures and NGO role in the management problem. Child abuse, child labour, related health problems.
- Prostitution meaning, history, type, causes welfare steps, health related problems.
- Alcohol drug and substance abuse causes history, impact on adolescent, family. Health related problems
- Poverty, unemployment, history causes Remedial measures, Health related problems
- Beggary meaning, causes, history Remedial measures and health related problems.
- Population growth and related problems- population explosion and causes, consequences of rapid growth, remedies to control the growth. Eg. Population education, contraceptive, motivation, women's education
- Visit to available social agency

# **EVALUATION:**

Paper	Subject Socialogy	Duration	Internal Assessment	External Assessment	Total Marks
10.	Theory	3	25	75	100

**Internal Assessment:** 25 Marks

Theory: 15 Marks
Clinical Assignment: 10 Marks
Total: 25 Marks

(Out of 25 Marks to be send to the University)

**Internal Assessment (Theory):** 15 Marks

Mid-Term: 50 Marks Prelim: 75 Marks

Total: 125 Marks

(125 Marks from mid-term & prelim to be converted into 15 Marks)

Clinical Assignments: 10 Marks

External Assessment (Theory): 75 Marks

(University Examination)

# **REFERENCES:**

- 1. MacIver & Page : Society; India : Macmillan, 1964
- 2. MacIver & Page: Society: An introductory analysis; London, 1956
- 3. Murdock: Social structure; New york,1944
- 4. Fairchild, H.P.:Dictionary of sociology; New York, 1944
- 5. Barnes, H.E.: Social institutions; New York, 1946
- 6. Mamoria, C.B.: Social problems and social disorganization in India; Mumbai, 2003
- 7. Manelkar, R.K.: Sociology for nurses; Mumbai, 2002

#### COMMUNITY HEALTH NURSING

Placement: IInd year Time Allotted Theory : 60 Hrs.

Practical: 240 Hrs.

# **COURSE DESCRIPTION:**

The course enables the students to acquire knowledge and understanding of the changing concepts of comprehensive community health nursing practice, the national health care delivery system and to participate in the delivery of community health nursing practice.

This course also broadens the understanding in public health nursing administration, responsibility of nurse for early case finding, health assessment and health education based on principles of primary health care, Nursing process approach and comprehensive nursing care to the individual, family and community.

# **OBJECTIVES:** At the end of the course the student will

- 1) Explain the concept of various factors contributing the health of individual family and community.
- 2) Explain and analyze health need of individual family and community based on factors contributing to health and illness
- 3) Describe national health care delivery system.
- 4) Describes epidemiological methods and principles of prevention and control of illness in the community.
- 5) Study implementation of national programmes and role of CHN in prevention and control of diseases.
- 6) Identify the role of personnel working in the community health setup and appreciate the integrated approach to community health.
- 7) Plan the work of community heath nurse and supervise the health workers.
- 8) Study concept of public health administration and role of nurse as manager and supervisor.

#### **COURSE CONTENT:**

#### UNIT I COMMUNITY HEALTH AND COMMUNITY HEALTH NURSING 8 hrs.

- Changing concepts of health
- Determinants of health
- Introduction to community health & CH Nursing
- Principles of working in a community.
- Primary health care concepts and principles.
- Role of nurse in promoting primary health care.
- Health for all concepts strategy for HFA.
- Community health assessment and diagnosis.

#### UNIT II FAMILY HEALTH CARE & SERVICES

- Concepts, Objectives scope & Principles of family health services.
- Family as a unit of community health service.
- Factors influencing family health and high-risk families.
- Family Health assessment, Health risk families.

- Principles and technique of home visits.
- Nursing process in family & community health care. Establishing working relationship with the family.
- Working with families in relation to prevention of disease and promotion of health.
- Care of Sick, & care of physically handicapped and mentally retarded at home
- Family health records.

#### UNIT III HEALTH ADMINISTRATION IN INDIA.

10 hrs.

- Health care delivery system in India.
- Health planning, National health policy and Five Years plan
- Organization and administration of health services at central, state, district level and Rural Health Services (Panchayati Raj).
- Monitoring and evaluation and health services
- System of medicines.
- Centrally sponsored health schemes.
- Role of voluntary health organization & International Health agencies.
- Health team concept, Public health legislation.
- Community Health Nursing Administration.
- Role of health personnel in community health Practice.
- Training Programmes for various health workers.
- Management and supervision in community health nursing practice.

# UNIT IV HEALTH EDUCATION (IEC Information, Education, Communication) 5 hrs.

- Aims, concepts and scope of health education.
- Communication and health education.
- Methods and media for health education in community.
- Planning for health education and role of nurse in I.E.C.
- Central Health Education Bureau.

# UNIT V ROLE OF NURSE IN NATIONAL HEALTH PROGRAMMES.

- Development of community health services in India.
- Major health problem in India.
- National health programme for communicable and Non-communicable disease.
- Maternal and child health programme.
- Nutritional programme.
- Family welfare
- School health Programme.
- Occupational Health Programme.
- Disaster Management.
- As a health team members.
- Records and reports in Community health.

# UNIT VI EPIDEMIOLOGY.

7 hrs.

- Epidemiology Definition, Concepts, aims, objectives and methods and Principles.
- Epidemiology Theories and Models.
- Application of Epidemiological Principles in community health.
- Monitoring and surveillance.
- Levels of prevention of disease

- Introduction, definition and scope, legislation.
- Report, recording and compiling of vital statistics at the local State, National and International level.
- Definitions and methods of computing vital statistics.
- Methods of presenting data.
- Management Information System.

# **PRACTICUM**

- Each students will prepare to community profile
- The students will be allotted families to give comprehensive nursing care through nursing process approach in Urban / Rural area.
- The students will participate in activities of Primary Health Center, Sub Centre, Community Health Centres, MCH Centre etc.
- Visit to the selected Health and Welfare agencies.
- To plan and conduct Health Education Programmes individual/ groups/ community/Mass Health Education and Health Exhibition, to prepare simple A.V. AIDS.
- To supervise students and other health workers in the community settings.
- Students will be posted at least 2 weeks for rural community health experience.
- To conduct simple family health survey analyze the data collected (Community dignosis)
- To write two family health care studies in urban and rural area. (One in each)

# CLINICAL EXPERIENCE: TOTAL HOURS: 240

I)	<u>Urban Public Health Experience</u>	hours 160
	- Family oriented Health care	hours 40
	- Community Assessment / Community dignosis	hours 30
	(Family Health Survey)	
	- School Health Programme	hours 20
	- Health Education	hours 20
	- Urban Public Health Centres (Various Clinics)	hours 30
	- Educational Visits	hours 30
II)	Rural Public Health Experience	<b>hours 80</b> (2 weeks)
	1. Participation in Primary Health Care	hours 30
	PHC, SC, R.H., etc.	
	2. Family oriented Health care	hours 10
	3. Public Health Administration	hours10
	<b>4.</b> Visits to various Health agencies	hours 20
	(Zilha Parishad, D.T.C. District Training Centre,	
	Community Health Centre)	
	5. Health Education Programme	hours 10

# **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	Community Health Nursing		Assessment	Assessment	Marks
11.	Theory	3	25	75	100
4.	Practicals		50	50	100

## **Internal Assessment:**

Theory: 25 Marks
Practical: 50 Marks
Total: 75 Marks

#### Details as follows:

**Internal Assessment (Theory):** 25 Marks (Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Mark

(125 Marks from mid-term & prelim (Theory) to be converted into 25 Marks)

# **Internal Assessment (Practical):** 50 Marks

## **Practical Exam:**

Mid-Term Exam: 050

Marks

Prelim Exam: 050 Marks

# Clinical Evaluation & Clinical Assignment: 325 Marks

1. Clinical Evaluation (family oriented care Urban Area)	100 Marks
2. Community Health Survey & Community diagnosis	025 Marks
3. Family Health Care Study (Urban & Rural settings)	100 Marks

(50 marks each)

4. School Health Programme025 Marks5. Health Education025 Marks6. Rural Public Health (as per guideline):050 Marks

Total: 425

Marks

(425 Marks from Practical to be converted into 50 Marks)

#### **External Assessment:** 125 Marks

#### (University Examination)

Theory: 75 Marks
Practical: 50 Marks

# **REFERENCES**

- 1. Basvanthappa B. T. Community Health Nursing 2002.
- 2. Park J. E. Preventive and social Medicine 17 edition 2003
- 3. Stanhope Community Nursing and promoting Health of the aggregate families and Individuals IInd edition 1988
- 4. Stanhope Community Health Nursing process and practice for practitioner IVth Edition 1962
- 5. Stanhope Routh- Community Health Nursing Workbook, Family as a client, New Delhi 1982
- 6. Spradely and Barbara Community Health Nursing
- 7. Mahajan B. K. Textbook of Preventive and Social Medicine, IInd edition 1995.
- 8. Najoo Kotwal Revised by TNAi "Public Health Mannual "1989

#### MENTAL HEALTH NURSING

Placement: IInd Year Time Allotted Theory : 60 hrs.
Practical: 240 hrs.

# **COURSE DESCRIPTION**

This course enables the students to recognize and appreciate the causes, symptoms and process of abnormal human behavior.

It also introduces the student to the present day treatment modalities in the light of psychological, social and cultural factors affecting human behavior.

This course helps the student to learn principles of mental health and psychiatric nursing and to develop skills in the management of the mentally ill in hospital and community.

# **OBJECITVES:** At the end of course, the student will

- 1. Identify and describe the philosophy and principles of mental health nursing.
- 2. Describe the historical development of mental health and psychiatric nursing.
- 3. Classify mental disorders.
- 4. Develop skills in history taking and performing mental status examination.
- 5. Describe etiological factors, psycho-pathology, clinical features, diagnostic criteria and treatment methods used for mental disorders.
- 6. Manage the patients with various mental disorders.
- 7. Communicate therapeutically with patients and their families.
- 8. Identify role of the nurse in preventive psychiatry.
- 9. Identify the legal aspects in practice of mental health and psychiatric nursing.

# **COURSE CONTENTS**

#### UNIT-I INTRODUCTION AND HISTORICAL DEVELOPMENT 5hrs.

- Review of the concept of mental health and illness & mental mechanisms.
- History of psychiatry
- Historical development of mental health nursing.
- Philosophy, principles of mental health and psychiatric nursing.
- Theoretical approaches to Psychiatric Nursing.
- Concept of normal and abnormal behavior.
- Role and qualities of mental health and psychiatric nurse
- Mental health team and functions of team members.
- Legal aspects in psychiatry and mental health services.

# UNIT II CLASSIFICATION AND ASSESSMENT OF MENTAL DISORDERS

5 hrs.

- Terminologies used in Psychiatry
- Classification of mental disorders- ICD-10 classification
- Etiological factors and psychopathology of mental disorders
- History taking and mental status examination.

# UNIT III THERAPEUTIC COMMUNICATION

- Communication process
- Interview skill
- Therapeutic communication techniques.
- Nurse patient Relationship.
- Therapeutic impasse and it's management
- process recording.

#### UNIT IV MANAGEMENT OF MENTAL DISORDERS

20 hrs.

- Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management of patient with following disorders.

# - Neurotic Disorders:

- Anxiety disorders General & Panic
- Depressive Neurosis
- Obsessive Compulsive Neurosis.
- Phobic Neurosis
- Hypochondriacal Neurosis.
- Stress related and Somatoform disorders
- Hysteric disorder.

# Psychotic Disorders:

- Schizophrenic disorders
- Affective disorders
- Organic Brain Syndromes acute & chronic
- Epileptic disorders
- Sleep disorders
- Psychosomatic disorders
- Personality disorders
- Sexual Disorders
- **Disorders of childhood:-** Specific developmental disorders, Pervasive developmental disorders, Attention deficit disorders, Conduct disorders, Enuresis & Encopresis, Speech Disorders, Habit disorders, other disorders.
- **Adolescent disorders** Attention deficit hyper activity disorder, conduct disorder, substance abuse, depression and suicide, eating disorders, running away.

# UNIT V MANAGEMENT OF PATIENT WITH SUBSTANCE USE DISORDERS 3 hrs

- Substance use and misuse
- Dependence, intoxication and withdrawal
  - Classification of psychoactive substances
  - Etiological & contributory factors
  - Psychopathology
  - Clinical features
  - Diagnostic criteria
- Treatment and nursing management of patient with substance use disorders.
- Preventive and rehabilitative aspects in substance abuse.

# UNIT-VI MANAGEMENT OF MENTAL SUB-NORMALITY / MENTALLY CHALLENGED-

2hrs

- Classification of mental sub-normality
- Etiological factors
- Psychopathology
- Psychometric assessment
- Diagnostic criteria and management of sub-normality

# UNIT VII PSYCHIATRIC EMERGENCIES

4 hrs.

- Types of emergencies
- Psychopathology, Clinical feature, Assessment and diagnosis, Treatment and nursing management of patient with psychiatric emergencies such as-
- Suicide, Stupor & Catatonic syndrome, Aggression, other psychiatric emergencies
- Crisis Intervention therapy

## UNIT VIII THERAPEUTIC MODALITIES-

12 hrs.

- Principles, indication, contraindications and role of nurse in various treatment

#### method:

- Pharmacotherapy
- Therapeutic community and Milieu therapy
- Psychotherapy- psychoanalysis, Behavior therapy, Cognitive Therapy, Supportive Therapy, Hypnosis, Abreaction, Relaxation Therapies, Biofeedback.
- Group therapy
- Family therapy
- Occupational Therapy
- Electro convulsive therapy
- Other miscellaneous therapies.

# UNIT IX PREVENTIVE PSYCHIATRY-

5 hrs.

Total Hours.: 240 hrs

- Model of prevention
- Role of nurse in preventive psychiatry
- Psychiatric social worker
- Community mental health nursing
- Community mental health Services and agencies
- National mental health programme

# **PRACTICUM**

The student will be provided opportunity to:

- Observe, record and report the behavior of their selected patients.
- Record the process of interaction.
- Assess the nursing needs of their selected patients. Plan and implement the nursing intervention.
- Counsel the attendant and family members of patient.
- Participate in the activities of psychiatric team
- Conduct an awareness programme on preventive Psychiatry
- Write observation reports after a field visit to the following places:
  - Child guidance clinic
  - School/special School (for mentally subnormal)
  - Mental Hospital
  - Community mental health center
  - De-addiction center.

# **CLINICAL EXPERIENCES**

1. Psychiatric ward male & female	hours 120
2. Psychiatric OPD	hours 30
3. De-addiction center	hours 30
<b>4.</b> Various departments	hours 25
(ECT, CGC, Occupational Therapy, Behavioral Therapy, Psychotherapy)	
5. Visit to Mental Hospital	hours 10
<b>6.</b> Community Mental Health (Visit to Rehabilitation centers)	hours 25

# **EVALUATION:**

Paper	Subject Mental Health Nursing	Duration	Internal Assessment	External Assessment	Total Marks
12.	Theory	3	25	75	100
5.	Practicals		50	50	100

**Internal Assessment:** 

Theory: 25 Marks
Practical: 50 Marks
Total: 75 Marks

#### Details as follows:

# **Internal Assessment (Theory):** 25 Marks

(Out of 25 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Mark

(125 Marks from mid-term & prelim (Theory) to be converted into 25 Marks)

# **Internal Assessment (Practical):** 50 Marks

(Out of 50 Marks to be send to the University)

Mid-Term Exam 050 Marks
Prelim Exam 050 Marks

# **Clinical Evaluation & Clinical Assignment:**

625 Marks

1. History taking: Two (50 marks each)	100 Marks
2. MSE: Two (50 marks each)	100 Marks
3. Process Recording: Two (25 marks each)	050 Marks
4. Nursing Care Plan: Two (50 marks each)	100 Marks
5. Clinical performance evaluation	100 Marks

(Male or female ward)

6. Case Study: One 050 Marks
7. Case Presentation: One 050 Marks
8. Drugs study 050 Marks
9. Health Education: One 025 Marks

Total: 725 Marks

(725 Marks from practical to be converted into 50 Marks)

# **External Assessment:** 125 Marks

# (University Examination)

Theory: 75 Marks
Practical 50 Mark

# **REFERENCES:-**

- 1. Principles and Practice of Psychiatric Nursing By Stuart and Luraia
- 2. Comprehensive Psychiatric Nursing Jidith Haber
- 3. Community Psychiatry Kaplan
- 4. Psychiatric Nursing Mary Townsend
- 5. A Short text book of Psychiatry Neeraj Ahooja
- 6. A text book of Psychiatric Nursing Bimla Kapoor
- 7. Lippincott's Manual of Psychiatric Nursing Care Plan.
- 8. Psychiatric Mental Health Nursing Barbara Schoen Johnson, Lippincot company.
- 9. Mental Health Nursing Mosby's Review Series Paulette D. Rollant, Denise B. Deppoliti.
- 10. A Guide to Mental Health Nursing & Psychiatric Nursing Sreevani, Jaypee Brothers Publication.
- 11. Question Bank Mental Health Nursing for U.G. Nursing students Sreevani, Jaypee Brothers Publication.
- 12. Psychosocial Nursing for General Patient Care, 2<sup>nd</sup> Ed.-02 Gorman, Jaypee Brothers Publication.

# **INTRODUCTION TO NURSING EDUCATION**

Placement– IInd Year Time allotted Theory : 60 hrs

Practical: 75 hrs

# **COURSE DESCRIPTION:-**

This course introduces the students to Principles and concepts of Education, curriculum development and methods and media of teaching. It also describes the step the steps in curriculum development and implementation of educational programme in Nursing.

# **OBEJCTIVES**; At the end of the course, the students will

- 1. Describe the philosophy and principles of education
- 2. Describe the process of a nursing curriculum development
- 3. Explain the teaching learning process
- 4. Develop the ability to teach, using various methods and media
- 5. Describe the process of assessment
- 6. Describe the administrative aspects of school of nursing, College of Nursing
- 7. Develop basic skills in counseling and guidance
- 8. Participate in planning and organizing an in-service education programme

# **COURSE CONTENTS**

# UNIT I INTRODUCTION TO EDUCATION

5 hrs.

- Meaning, aims, function and principles
- Philosophy of education
- Factors influencing development of philosophy of Nursing education
- Nursing profession –Definition, concept, importance and characteristics of nursing profession
- Development of nursing education in India before and after independence
- Nursing education programmes in India Basic, Post Certificate, Degree, post graduation and Ph. D.
- High power committee recommendations for nursing education
- Qualities, role and responsibilities of a nursing teacher

#### UNIT II NURSING CURICULUM DEVELOPMENT

8 hrs.

- Organization of Nursing Curriculum
- Development of Nursing Curriculum.
- Curriculum types
- Curriculum Committee
- Curriculum planning
- Formulating philosophy and objectives.
- Selecting learning experiences and clinical components of nursing education.
- Evaluation of curriculum.

#### UNIT III TEACHING LEARNING PROCESS

- Meaning of education, aims, functions and
- principles of teaching

- Principles and maxims of teaching
- Formulating objectives
- Lesson planning
- Nature and characteristics of learning

#### UNIT IV METHODS OF TEACHING

<u> 10 hrs.</u>

- Definition, Purposes, Advantages, Disadvantages,
  - Steps, Procedures, Evaluation of
    - Lecture
    - Discussion
    - Demonstration
    - Group Discussion
    - Project
    - Role Play
    - Panel discussion
    - Symposium
    - Seminar
    - Field Trip
    - Workshop
    - Exhibition
    - Programmed instructions
    - Computer assisted learning
    - Clinical teaching methods
    - Case methods
    - Case presentation
    - Nursing rounds & Reports
    - bedside clinics
    - Conference (Individual & group)
    - Recording of interaction process

# UNIT V EDUCATIONAL TECHNOLOGY

5 hrs.

- Educational Media
- The communication process, factors affecting communication
- Purposes and types of audio visual aids
- Graphic aids
- Chalk board, Charts, Graphs, Posters, Flash cards, flannel graph/Khadigraph, Bulletin, cartoon
- Three demonstrational aid, objects, specimen, models, Puppets
  - Printed aids slides, films and televisions, VCR, VCP
  - Overhead projector camera, microscope
  - Audio aids,- Tape recorder, public address system
  - system computer

#### UNIT VI METHODS OF ASSESSMENT

- Purpose and scope of Evaluation & assessment
- Criteria for selection of assessment techniques & methods
- Blue Prints
  - Assessment of knowledge, essay type questions, SAQ(Short Answer Question), LAQ (Long Answer Question), MCQ (Multiple Choice Question)
  - Assessment of skills :
  - Observation, checklist, practical examination, Viva,

	- Scoring of Answer paper	
	- Reforms in nursing Educational system	
UNIT VII	MANAGEMENT OF SCHOOL OF NURSING	8 hrs
	- Planning and organizing of school of Nursing	
	- Recruitment of teaching staff	
	- Budget facilities for the school	
	<ul><li>Students selection and admission procedure</li><li>Administrative planning for students</li></ul>	
	- Welfare service for students	
	- Maintainance of school Records	
	- Preparation of annual reports	
	- INC guidelines for school of nursing	
UNIT VIII	GUIDANCE AND COUNSELLING	5 hrs
	- Definition and basic principles	
	- Organization of guidance & counseling	
	- Counseling process	
	- Managing disciplinary problems	
	- Management of crisis	
UNIT IX	IN SERVICE EDUCATION	5 hrs
	- Introduction to nature and scope of in-service education	
	programmes	
	- Principles of adult learning	
	- Planning for in-service programme	
	- Techniques and methods of staff education programme	
	- Evaluation of in-service programme	
PRACTIC	<del></del>	
1. F	Practice Teaching : 5	
	Theory Teaching : 3	
2. 1/	Clinical Teaching: 2	
	isits to Nursing colleges and schools	
	o prepare different types of teaching Aids. o prepare rotation plans	
	tudy various Nursing Programme syllabus	
	o plan, organize and conduct 'one' service education programme	
0. 1	o plan, organize and conduct one service education programme	
CLINICAL	LEXPERIENCES	Total Hours. : 75 hrs
-	Practice Teaching (Theory + Practical)	hours 20
-	Prepare Teaching Aids	hours 10
-	Attending peer group Teaching	hours 05
-	Preparing rotation plan	hours 05

hours 10

hours 05

hours 20

Objective structured clinical examination.

Assessment of attitudesSetting of question paper

Study various Nursing Programme

**EVALUATION:** 

Plan inservice education Programme

Visiting Nursing Schools and Colleges

Paper	Subject Introduction to Nursing Education	Duration	Internal Assessment	External Assessment	Total Marks
13.	Theory	3	25	75	100

# **Internal Assessment:**

Theory: 15 Marks Clinical Assignment: 10 Marks Total: 25 Marks

#### Details as follows:

**Internal Assessment (Theory):** 15 Marks

(Out of 15 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Mark

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

# Clinical Assignment: 10 Marks

Practice Teaching (100 Marks Each)
Theory – 2: 200 Marks
Clinical – 1: 100 Marks
Total: 300 Marks

(300 Marks from Clinical Assignment to be converted into 10 Marks)

# External Assessment (Theory): 75 Marks (University Examination)

# **REFERENCES**

- Bevis oliva Em, Curriculum Building In Nursing A Process, 3<sup>rd</sup> ed; St. Louis; C.V.Mosby Co. 1982
- 2. Basavanthappa B.T. Nursing education, 1<sup>st</sup> ed. New Delhi: Jaypee Brothers, 2003
- 3. Bhatia, Kamala & Bhatia B. The Principles and methods of teaching. New Delhi, Seema offset, 1977
- 4. Heidgerken Loretta, Teaching and learning in Schools of Nursing Principles and Methods, 5thed New Delhi: J.B. Lippincott, 2003
- 5. Hinchiff Sue, The Practitioner As a teacher 2<sup>nd</sup> ed. Harcourt Brace & Company Ltd. 1999
- 6. Indian Nursing council guide for School of Nursing in India, Revised 2<sup>nd</sup> ed. New Delhi 2001
- 7. Syllaby of various Nursing courses.

#### INTRODUCTION TO NURSING SERVICE ADMINIATRATION

<u>Placement</u>: <u>IInd Year</u> <u>Time Allotted</u>: <u>Theory</u> : 60 hours

Practical: 180 hours

# COURSE DESCRIPTION

This course is designated to give an opportunity to the students to gain an understanding of the principles of administration and its application to nursing service. It is also intended to assist the students to develop an understanding of the need for professional leadership.

**OBJECTIVES**: At the end of the course, the student will enable the students to:-

- 1 Identify the Principles of administration.
- 2 Describe the Principles and techniques of supervision.
- 3 Explain the Principles and Methods of personnel management.
- 4 Explain the principles of Budgeting.
- 5 Organize and manage a Nursing Unit effectively.
- 6 Identify dynamics of Organizational behavior, styles and functions of effective leadership.

# **COURSE CONTENTS**

#### UNIT I PRINCIPLE AND PRACTICE OF ADMINISTRATION

10 hrs.

- Significance, elements and Principles of Administration.
  - Planning
  - Organization
  - Staffing
  - Directing
  - Controlling
  - Coordinating
  - Reporting
  - Budgeting
- Administration and Organization of Hospital.
  - Definition, Aims, Functions & roles of the hospital
  - Classifications of Hospitals Health Team
  - Ethical and legal aspects of hospital administration
  - Policies of Hospital, different departments with special emphasis to the department of nursing office management
    - Nursing management
    - Responsibilities of nursing personnel, specially of ward sister,
    - Medico –legal aspects
    - Concept of cost effectiveness

#### UNIT II NURSING UNIT MANAGEMENT

- Physical Lay out of a Nursing Unit
  - Necessary facilities
  - Factors affecting the quality of nursing care
  - Maintenance of a therapeutic environment
  - Administration of the nursing unit
  - Management of patient care
  - Maintenance of the Physical environment

- Delivery of patient care
- Assignment of duties and time plan
- Patient assignment
- Discharge Planning
- Safety measures, prevention of accidents and infections
- Maintenance of patients records and reports, legal responsibilities
- Maintenance of quality nursing care
- Nursing audit

# UNIT III PERSONNEL MANAGEMENT

10 hrs.

- Significance of Personnel management Staff recruitment and selection process appointment, promotions, transfers, remunerations, retraining, terminating
  - personnel policies
  - Job specifications
  - Job description
  - Job Analysis
  - Staffing the unit
  - Staffing Philosophy
  - Staffing norms
  - Staffing Modules
  - Patient Classification System
  - Rotation plan
  - Leave planning
- Performance appraisal
  - Purposes of performance appraisal
  - Developing and using standards
  - Training
  - Feedback
- Career Counseling
- Staff welfare activities
- Management of Disciplinary problems
- Human resource development
- Health team approach
- Collective Bargaining, Conflicts and its solutions.

#### UNIT IV SUPERVISION

- Definition, nature, need Philosophy and objectives of supervision
  - Principles of supervision
  - Tools and techniques of supervision
  - Staff Development
  - Orientation program
  - In service education
  - Continuing Education
  - Skill training
    - Assertiveness Training for assertiveness
    - Public speaking skills
  - Leadership development
  - Problem solving process
  - Evaluation
  - Nursing audit

## UNIT V MATERIAL MANAGEMENT

- Material management concept, need
  - Principles of Material management
  - Quality control
  - Inventory
    - Care of equipments Stock keeping
  - Role of Nursing personnel in Material management

#### UNIT VI FINANCIAL MANAGEMENT

3 hrs.

- Budgeting Nature and purposes of Budgeting
  - Types of Budget
  - Principles of Budgeting
  - Financial Audits

#### UNIT VII ORGANIZATIONAL BEHAVIOR

9 hrs.

Total Hours.: 180 hrs

- Organizational behavior
  - Group dynamics
  - Human relations
  - Morale Building
  - Organization Communication
  - Hospital Information system
  - Public relations in Hospitals
  - Leadership Concepts, Manager behavior, Leader behavior Leadership defined,
     Leadership Theories Behavioral, Situational
  - Leadership styles and functions,
  - Transformational leadership
  - Oualities of a leader
  - Methods of reporting
  - Maintaining records and reports

# **PRACTICUM**

- Observe the functioning of Nursing administration at various levels i.e., Institutions, departments and units.
- Each student will practice ward management under supervision
- Student will prepare rotation plan of the staff duties, write reports, give verbal reports of the ward and assist in the maintaining the inventory of the nursing unit
- Develop an Assessment tool for performance appraisal
- Visit Private and Government Hospital and write observation reports
- Student will present one seminar during administration experience.

*Note*: *visits for Nursing administration and Nursing Education may be planned together.* 

#### CLINICAL EXPERIENCES

-	Ward Management	hours 90
-	ICU Management	hours 30
-	OPD / Departments	hours 30
-	Visits to hospitals and other agencies	hours 30
	(ie. Govt, Pvt or corporation and any other)	

# **EVALUATION:**

Paper	Subject Introduction to Nursing Service Administration	Duration	Internal Assessment	External Assessment	Total Marks
14.	Theory	3	25	75	100

**Internal Assessment:** 

Theory: 15 Marks
Clinical Assignment: 10 Marks
Total: 25 Marks

Details as follows:

Internal Assessment (Theory): 15 Marks

(Out of 15 Marks to be send to the University)

Mid-Term: 50 Marks Prelim: 75 Marks Total: 125 Mark

(125 Marks from mid-term & prelim (Theory) to be converted into 15 Marks)

Clinical Assignment: 10 Marks

Practicum: Posting of ward management: 100 Marks

(100 Marks from Clinical Assignment to be converted into 10 Marks)

# External Assessment (Theory): 75 Marks (University Examination)

# **REFERENCES**

- 1. B. T. Basvanthappa: Nursing Administration Edition Ist 2000 –
- 2. Jean Barret: i) Head Nurse 1975
  - ii) Ward Management and Teaching
- 3. Goal: Hospital Administration
- 4. Koontz: Principles of Management IV th Edition 1968
- 5. Ann Marriner: Guide to Nursing Management
- 6. Keith Davis: Human relations at work the Dynamics of organizational behaviors 1967

#### INTRODUCTION TO NURSING RESEARCH STATISTICS

Placement: II nd Year Time Allotted Theory : 45 hrs.

Practical: 120 hrs.

# **COURSE DESCRIPTION**

This course is designed to assist the student to develop an understanding of the basic concepts principles of research and scientific inquiry including the identification of problem and steps in research methodology. This course also introduces the basic concepts, and principles of Statistical methods, the use of computers in conducting research project in groups and use the finding in nursing practice.

# **OBJECTIVES**: At the end of course student will

- 1) Define the terms and concepts of nursing research.
- 2) Identify needs and scope of nursing research.
- 3) Be able to define research problems.
- 4) Locate and list sources of literature review including operational definition and conceptual framework.
- 5) Describe different approaches and research designs in nursing research.
- 6) Describe sample and sampling technique with special reference to survey method.
- 7) Develop tool for data collection.
- 8) Able to conduct pilot study to confirm reliability and validity of tool before data collection.
- 9) To enumerate steps of data analysis and present data summary in tabular form.
- 10) Use descriptive and co-relational statistics in data analysis.
- 11) Conduct group project and write report.
- 12) Use computer for research project.

#### **COURSE CONTENT**

#### SECTION: A INTRODUCTION TO RESEARCH METHODOLOGY

## UNIT I INTRODUCTION

2 hrs.

- Research definition
- Method of acquiring knowledge
- Problem solving and scientific method
- Research characteristics, purpose, scope
- Steps in Research methodology.

#### UNIT II RESEARCH AND NURSING

4 hrs.

- Development of research in nursing
- Purpose, scope and need of nursing research
- Areas of nursing research i.e. practice, service, administration and education, health and social research
- Ethics in research

#### UNIT III RESEARCH DESIGN

- Overview of research process
- Statement of the problem and research objectives
- Definitions of terms variables, assumptions, operational definition, limitation, delimitation, hypothesis-definitions, formulation and types

<b>UNIT IV</b>	REVIEW OF LITERATURE	2 hrs.	
	- Search for library resources		
	- Criteria for selection of resources		
	- Practical application of review of literature		
UNIT V	RESEARCH APPROACHES (CLASSIFICATION & TYPES)	4 hrs.	
	- Non experimental		
	- Survey - characteristics, types, advantages and disadvantages		
	<ul> <li>Historical - sources of data, characteristics, advantages and disadvantages</li> <li>Experimental - characteristics, types, advantages and disadvantages</li> </ul>		
UNIT VI	SAMPLE & SAMPLING TECHNIQUE		
	- Definition of population and sample		
	- Sampling and randomness; kinds and size of samples		
	- Probability and non probability sample		
UNIT VII	METHODS OF COLLETING DATA		
	- Preparation of tools		
	- Types of instruments for data collection		
	- a) Questionnaire : Opinionnaire, Interview schedule		
	<ul> <li>b) Observation: records, observation checklist, rating scales.</li> <li>Machineries, video tapes, films, closed circuit T.V. etc.</li> </ul>		
	- c) Measurements : Physiological measurement, Physical, Chem	nical.	
	Microbiological etc., Psychological measurement Psychomoto		
	test, personality test, Intelligence test, Sociological test, Socio		
	economic standard scale, Sociometry, Health status measureme	ent	
	- Characteristics of good research tool		
	- Testing reliability and validity of tool		
UNIT VIII	IMPLEMENTING RESEARCH PLAN	2 hrs	
	- Data collection procedure and conditions for administration of tool		
UNIT IX	DATA ANALYSIS AND INTERPRETING	2 hrs	
	- Types of data, data organization, tabulation, analysis and summarization		
	- Structure of statistical methods: interpretation and presentation of data		
UNIT X	COMMUNICATION OF RESEARCH FINDING	2 hrs	
	- Writing research report - composition, organization and format		
	- Application of results; critical analysis of research report and public		

# UNIT XI DESCRIPTIVE STATISTIC

8 hrs.

- Frequency distribution types of measure frequencies, class, interval, graphic methods of describing frequency
- Measures of central tendency Mode, Median and Mean
- Measures of variability: range, Standard deviation
- Introduction to normal probability
- Correlation
- Computation by rank difference methods
- Uses of correlation co-efficient

#### UNIT XII BIOSTATISTIC

2 hrs.

- Crude rates and standardized rates, ratio and estimation of the trends.

# UNIT XIII INTRODUCTION TO COMUTERS IN NURSING

5 hrs.

- Basics of hardware and software
- Windows application Word, Excel and Power Point
- Introduction to Database

Five hours of computer training may be given to students to impart computer literacy and knowledge in basic computer operation.

PRACTICUM Total Hrs. 120

- Selecting and conducting small group research project (The number of students in a group can be decided depending on the availability of Nursing faculty and interest of the students)
- Group studies may include, studying existing health problem and practices, Nursing procedures, Health records, patients records and survey of Nursing literature.

#### **EVALUATION:**

Paper	Subject	Duration	Internal	External	Total
	** Introduction to Nursing		Assessment	Assessment	Marks
	Research Statistics				
15.	**Theory	2	50		050
			College level qualifying exam,		
			minimum passing Marks 50%		
6.	**Research Project		50		050
				ualifying exam,	
			minimum pass	ing Marks 50%	

Note: \*\* College level qualifying exam to appear in University Examination, minimum passing Marks 50%. (Not University Examination)

**Internal Assessment:** 100 Marks

(Out of 100 Marks to be send to the

University) Theory - Mid-Term: 25 Marks

Theory – Prelim: 25 Marks Practical – Research Project: 50 Mark

#### REFERENCES

- 1. Polit, D.F. and Hungler B.P. Nursing Research, Principles and Methods (6th ed) Lippin Cott. Philadelphia, 1999.
- 2. Best, J.W. and Kahn, V.J. Research in Education (7th ed) Prentice Hall of India, New Delhi, 2001.
- 3. Smith, P. Research Mindedness for Practice. An interactive approach for Nursing and Health Care, Churchill Livingstone, New York, 1997.
- 4. Brink P.J. & Wood, M.J. Basic steps in Planning Nursing Research from Questions to Proposal (3rd ed) Jones and Barlett Publishers, Boston, 1998.
- 5. Basavanthappa, B.T. Nursing Research. Jay Pee, Mumbai.
- 6. Singh I, Elementary Statistics for Medical Workers, 1st ed., Jaypee brothers Medical Publishers(P) Ltd., Delhi, April 1990.
- 7. Polit, D.F. & Beck, C.T., Nursing Research Principles & Methods, 7th ed., Lippincott Williams & Wilkins, USA, 2004.
- 8. Burns, N. & Grove, S.K., THe Practice of Nursing Research conduct, Critique & utilization, 2nd ed., W.B. Saunders Company, USA, 1993.
- 9. Treece E. W. & Treece J. W.: Elements of Research in Nursing St. Louis 1986