



REPORT OF RPH (RURAL PUBLIC HEALTH) POSTING

F.Y.G.N.M (2018-19)



DATE:- 31/12/2018 TO 25/1/2019

VENUE:- At. Post.Shindewadi, Tq.Bhor, Dist.Pune.

TEACHERS:- Mrs. Sunita Chavan

Mrs. Vaishali Gaikwad

From 31st Dec'18 to 25th Jan'19, we the students of F.Y.G.N.M (BHARATI VIDYAPEETH SCHOOL OF NURSING) were posted in Shindewadi village for the RPH posting. Mrs. Sunita Chavan Madam and Mrs. Vaishali Gaikwad madam were the teachers for supervision. Both the teachers guided us throughout the survey of the village and also in the various activities carried during the posting.

Students were divided into 4 groups. 2 groups containing 12 members and 2 other groups containing 13 members. The total No. of students was 50.

FIRST WEEK (31/12/2018 - 5/1/2019)

The first day was introduction of the rural area 'Shindewadi'. We visited the families and introduced our-self. The next day students started survey in each family. 1 particular student surveyed 5 families and in total 60 families was surveyed. Students took history and filled the base-line data of each family. The next morning survey analysis was done, where we found that maximum people are convicted by diabetes mellitus and hypertension.

On 3rd of Jan'19 we visited the PHC (Primary health center, karanjawane). There we learned the outgoing activities of PHC, role and function of community health nurse in PHC, role of medical & paramedical workers of PHC and also the records to be maintained at PHC.



On 4th of Jan'19 we visited the Grampanchayat, Shindewadi. Here we received information regarding the functions of Grampanchayat and activities carried by the gram-sevak for public health and development.

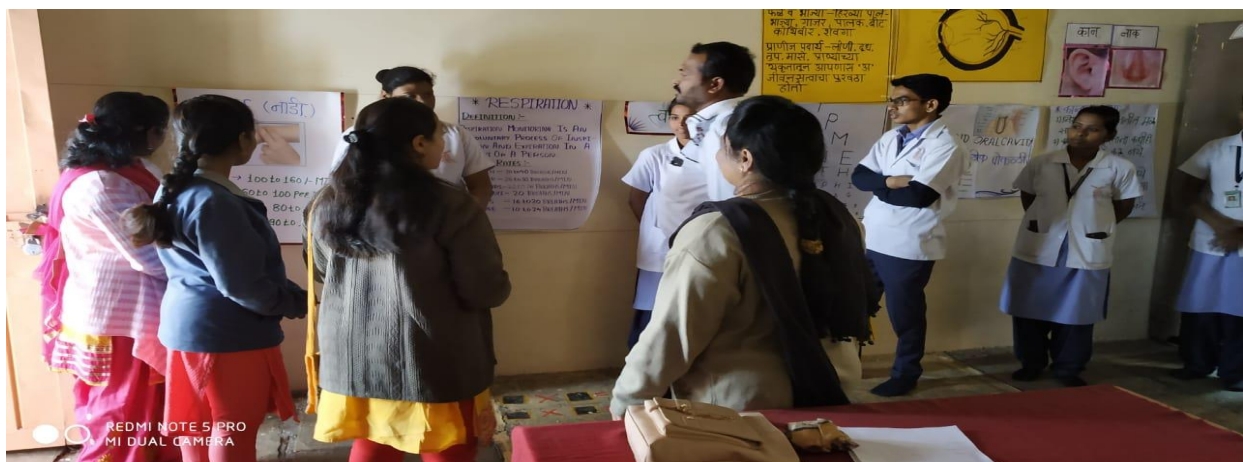
Second week (7/1/2019 - 12/1/2019)

In the second week students demonstrated BAG TECHNIQUE as per family health requirements. Nail care, Hot water fermentation, back care, urine sugar test, vital signs, mouth care, hair care etc. was given to the patients in the families.

On 8th of Jan'19 we visited the BDO (Block Development Office) Ta-Bhor, to know the functions of BDO, various activities included and carried out by the BDO (Block Development Office).



On next day 9th of Jan'19, School Health Assessment was done in Z.P Public School (Shindewadi). Head to toe assessment of the children was done and recorded. Mr.Mahindra Mohite sir, principal of the school permitted and co-operated us to examine their students.Measurement of height, weight, dental checkup, eye checkup, hearing test speech, chest examination was done. Children responded positive and also cooperated with us. Health education was given to maintain personal hygiene and about the daily diet.



On 11th of Jan'19, group no.2 performed a puppet show on the topic personal hygiene in Z.P Public School (shindewadi).

Group No.2 members:

1. Ms.Shweta Kale
2. Ms.Shital Ahire
3. Ms.Vaishnavi Chinugundi
4. Ms.Tabbasum Shaikh
5. Ms.Sandhya Yadav
6. Ms.Jayashree Gangawale
7. Ms.Rutuja Gaikwad
8. Ms.Rajeshree Pathare
9. Ms.Bhagyashree Maske
10. Mr.Somesh Gawali
11. Mr.Akash Wagh
12. Mr.Sujit Maske
13. Mr.Sandip Jadhav





THIRD WEEK (14/1/2019 - 19/1/2019)

Home visiting done in the Shindewadi village area and gave health education to the people. On 17th of Jan'19, street play was performed on the topic Environmental Sanitation by group no.3 at Shindewadi. Awareness towards clean environment was the main motto.

Group No.3 members:

1. Ms.Aditi Mohite
2. Ms.Nisha Deshmukh
3. Ms.Shruti Pasalkar
4. Ms.Sakshi Zele
5. Ms.Divya Pimpre

6. Ms.Sofiya Kazi
7. Ms.Sneha Shilimkar
8. Ms.Nikita Birajdar
9. Mr.Nitish Shirsat
10. Mr.Samir Pathan
11. Mr.Rakesh Pawar
12. Mr.Vaibhav Patil





Thereafter, the same day, exhibition was done in grampanchayat (Shindewadi) to aware people about health related issues. All the dignitaries like Mr.Mauli Vitthal Shinde, Mrs.Sarita Gogawale, Mr.Mayur Gogawale and principal of Z.P Public School Mr.Mahindra Mohite, also our teachers Mrs. Sunita chavan madam and Mrs. Vaishali Gaikwad madam was present throughout the program.

Group No.4 members:

1. Ms.Tanuja Kothavale
2. Ms.Vaishnavi Gurav
3. Ms.Vaishnavi Birajdar
4. Ms.Reshma Raut
5. Ms.Tasnim Mulani
6. Ms.Pooja Shinde

7. Ms.Dhanashree Gade
8. Ms.Ashwini Bodare
9. Mr.Sumit Pawar
10. Mr.Shantanu Sonwalkar
11. Mr.Manthan Raut
12. Mr.Akshay Waikar





Next day on 18th of Jan'19, the principal of Mahatma Jotiba Phule Junior College (Shindewadi) permitted us to perform a street play. Group No.1 performed a street play on the topic HIV-AIDS. Students of the Jr. college was educated and awareness of HIV-AIDS was done to them.

Group No.1 member:

1. Ms.Ashvini Makhar
2. Ms.Khushi Shishupal
3. Ms.Kajal Nikam
4. Ms.Fija Aga
5. Ms.Ashwini Jadhav
6. Ms.Rutuja Javdhav
7. Ms.Punam Sargar
8. Ms.Surbhi Bhapkar
9. Ms.Roshni Cheulkar
10. Ms.Trupti Gade
11. Mr.Abhijit Gaikwad
12. Mr.Yuvraj Gawade
13. Mr.Aniket Gawale





On the same day we visited the ICDS (Integrated Child Development Sector) Anganwadi at post.Shindewadi. Here we learned the organization set-up of ICDS, function of ICDS and various activities included under ICDS program. Mrs. Rani Shinde (Anganwadi sevika) gave us the full information of the anganwadi.



The last week (21/1/2019 – 25/1/2019).

Home visiting was done and thanks giving to the families who cooperated with us during the survey and provided us the information of their family health issues.

The overall experience was good. We learned many things in the RPH posting. We found what difficulties people face in rural areas such as environmental sanitation, lack of health facilities and many more.

Mrs.Sunita Chavan madam coordinator F.Y.G.N.M and Mrs.Vaishali Gaikwad madam was with us throughout the posting. They taught and guided us to do various activities in the RPH.

Moreover, Mr.Sandip kadam (mama), without him this posting could not be successful one. He drew the bus safe and sound throughout the posting.