

***BHARTI VIDYAPEETH DEEMED TO BE UNIVERSITY,
COLLEGE OF NURSING-PUNE***

***Report on World
Mental health
day 2018***

***Theme: - Young people and mental health in a
changing world***

CULTURAL EVENT 2018

Cultural event was organised by Chaitanya institute of mental health, Pune in association with regional mental hospital yerwada, Pune on 10th October 2018.

The Program started at 10:30 AM with street play. The theme of street play was Youth and Mental Health. The street play was quite interesting and meaningful about the daily confusion, competitive and anxious life. Message in the play was “say no to drug, alcohol and smoking addiction”.



After programme all dignitaries were invited to seat on dais. Then felicitation of street play artists and director.

Lamp lighting done by Mr. Alekar, Dr. Sanjay Kumawat, Mr. Rony, Mr. Antony And one patient of Regional mental hospital.

Chief Guest for program was:

1. Dr. Sanjay Kumawat, Deputy of Health Service
2. Padmashree Satish Alekar
3. Dr. Rohan Jahagirdar, Psychiatrist
4. Dr. Nitin Piplikar
5. Rony George, Organizer and director of CIMH
6. Dr. Abhijit Fadnis
7. Mrs. Sataysheela Katore



Inspiring words by Chief Guest

1. Padmashree Satish Alekar

Mr. Alekar's speech included very interesting points. He said, human mind is very tricky. There is a line that divides a performer and audience which is tricky and invisible. According to him all are potential patient, means

everyone is mentally ill person who is always addicted by the harmful means of life which depress the person.



2. Dr. Sanjay Kumawat

His speech was on youth and challenges in changing world. He told about his childhood, how healthy it was. He said today's children's cannot listen to no, not this, not now. When things are rejected it tough to handle them. He said mentally ill people required love, respect and they are part of us. They have own skills and talent.



3. Dr. Rohan Jahagirdar

He is a member of 'Chaitanya' for past 20 years. He said 1.3 crore cases of depression were reported in India in 2017.

4. Dr. Nitin Piplikar

He quoted that people are same, the way you present matters. In his view, way of looking towards mentally ill people should be change. He gave glimpse of the practice followed in Yerwada.

- **Family ward Concept:** It's a place where mentally ill people live with their family to regain family bond.
- **Halfway home:** They provide financial aid for mentally ill patient to start business in order to make them independent.
- **Memory Clinic:** Treatment for memory loss patient

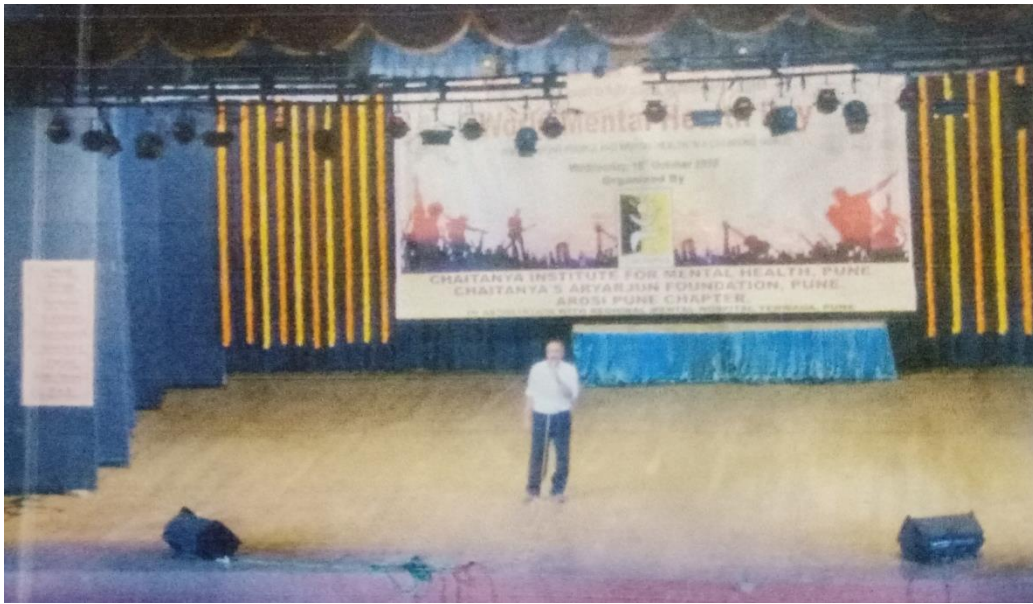


5. **Dr. Abhijit Phadnis and Rony George:** Given the encouraging ideas to prevent mental illness and remove stigma about mental illness

At 12 noon felicitation of guests was done by Mr. Ronny George. Then dignitaries left from the stage.

SCHEDULE OF PROGRAMS AS FOLLOW:

Sr. No	Time	Program	No of Participants
1	12:15 PM	Solo Song	5
2	12:45 PM	Solo Dance	5
3	01:15 PM	Group Song	5
	Lunch Break		
4	02:45 PM	Group Dance	4
5	03:20 PM	Mime	5
6	04:10 PM	Nursing colleges dance competition	10



NURSING COLLEGES DANCE COMPETITION

Group dance started at 4:10 Pm. 10 colleges were participated for dance competition. Our 6 students participated in dance. After all performances results were announced. Sadhu Vasawani College of nursing got first prize. Symbiosis College of nursing second prize and MKSS third prize.

Remaining participants got token of appreciation by chaitanya institute of mental health.

Programme finished at 6 pm.



CONCLUSION

The program was full of entertainment, insightful and very informative. The core message on awareness of mental health and advocacy against social stigma has been passed to audience very well.

REPORT ON STREET PLAY

Bharati Vidyapeeth College of nursing students performed a street play in bibwewadi on 10th October 2018 at 10 am for celebration of mental health day. The play was directed by Mrs. Monita, Mrs sundari apate, Mrs kalyani. The street play done by 2nd GNM students and 3rd year B.Sc student.

The group perform on young people and mental health mainly topic covered in street play was drug addiction, sexual assault and suicide. The group was accompanied by Mrs. Monita, Mrs sundari apate, Mrs kalyani. 25 -30 people gathered to see street play. Through street play student has given message to crowd that they have to aware about problems young children, how they are land up in drug addiction and what are the ill effects of drug addiction.

Street play finished at 11.30 am

Conclusion

Street play was performed very well by students with a social message which has the potential to awake the audience to existing social issues and how to change mindset of coming generation and the present one.



POSTER COMPETITION 2018

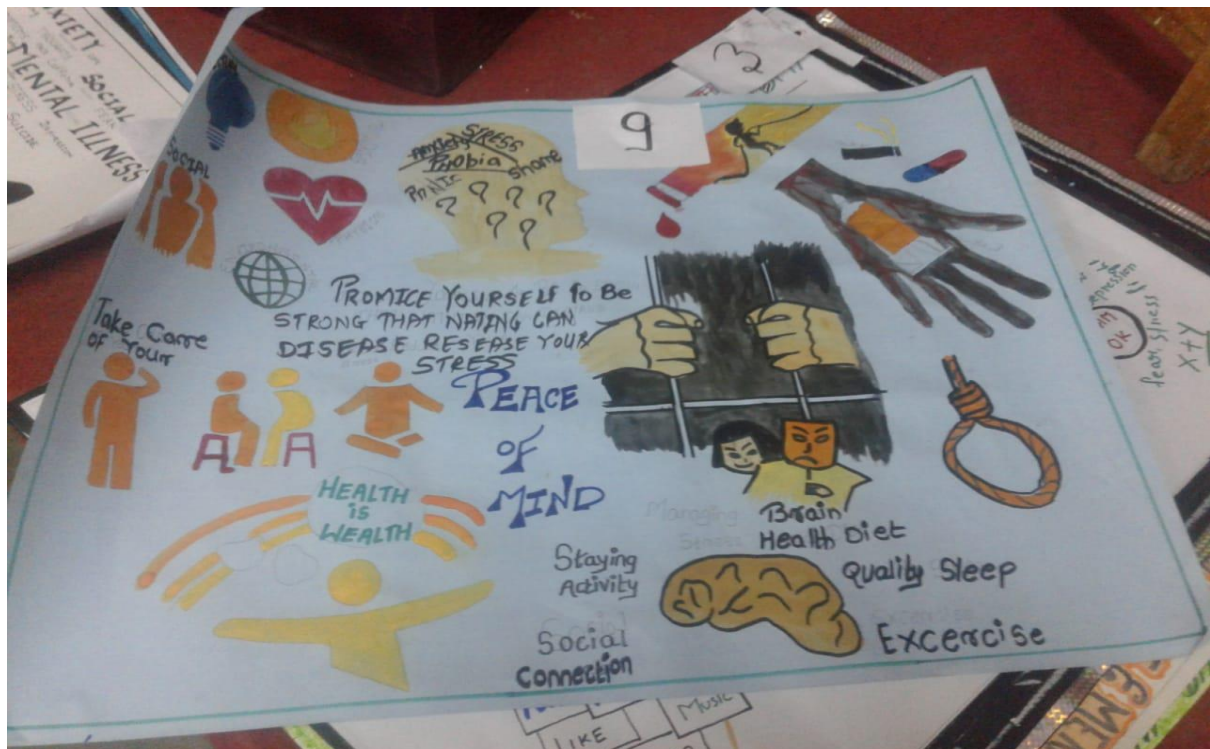
Poster competition was organized by Bharati Vidyapeeth (Deemed to be University) College of Nursing, Pune at Conference Hall on 10th Oct, 2018 in the guidance of Mrs Monita, Dr Sundari Apte and Mrs SushilaDevi .

Competition was started at 9A.M. Chest number allotted to participants. Participants started their work sharp at 9:15 am after verbal instruction.

The theme for poster competition was “YOUNG PEOPLE AND MENTAL HEALTH IN A CHANGING WORLD” priory to the participants. Sitting arrangement for participants was in conference hall. Participants were allowed to choose their seat according to their need.

Dr. Khurshid jamadar, Principal of Bharati Vidyapeeth college of nursing, Pune was evaluator for the competition.

The competition was completed at 10:15 am. The charts were collected by invigilator. All students were completed their work on time and after that charts were arranged for exhibition. The result for the winner of the competition is awaited.





CONCLUSION:

Poster Competition was organised in very well manner. All participants were actively participated. We learn many things like leadership, management and how to organize an event on such kinds of events. It was very fruitful for us.